

THE COUGAR CONNECTION

Dear Cougar Nation,

Welcome to the March edition of the **Cougar Connection**, the official Leon Boys Athletics Newsletter. The purpose of this newsletter is to highlight some of the amazing accomplishments of the young men in the Leon Cougar Athletic Program as well as provide updates and information to the public. We hope you enjoy the letter and we appreciate your support!
"Sic'em Cougs!"



ALL-BRAZOS VALLEY FOOTBALL RELEASED

The Leon Cougars made a great showing in The Eagle's All-Brazos Valley Football Team. The Cougs place three players on the 1st Team Defensive squad and one offensive player was selected to 2nd Team Offense. WOW!
1st Team LB – Terrence Smith
1st Team LB – Curtis Stanford
1st Team DB – Keaton Caveness
2nd Team QB – Peyton Pruett
#AllCentex #FAMILY



COUGAR POWERLIFTING MAKES REGIONALS

After a fantastic meet season, the Cougar Powerlifting Team produced several Regional Qualifiers. On the girls side, Freshman Madison King advanced to regionals in Fairfield where she set personal records in all 3 lifts (Squat, Bench, Deadlift) finishing with a total of 725 lbs. We had 3 boys qualify for regionals this year which will take place on March 8th in Malakoff. Harris

Sherrod is the regional leader in the 148 class. Freshman Adolfo Gonzalez enters the regional competition sitting 3rd in his weight class of 132. Walter Beltran, who may be in the most difficult weight class, enters regionals sitting 6th in the 198s. Top 2 in each weight class advances to the state meet in Abilene. #CougarStrong



BASKETBALL SEASON ENDS, ALL-DISTRICT RELEASED

The Leon Cougars wrapped up their 2018-2019 basketball season falling short of their playoff goal. In a very competitive district, the Cougs finished one spot out of a playoff berth. Thank you to the Seniors for your hard work and dedication to the program. With all of our district teams out of the playoffs, the All-District selections can now be released.
1st Team – Keaton Caveness
HM – Justin Massey
HM – Braydon Sexton
#BuildTheFoundation



TRACK SEASON BEGINS

"Run hard –

Turn left" The Cougars have been preparing for the track season, at least as much as the weather has allowed. The fields are soaked and the pits are muddy but we will find a way. The track season kicked off with a Thursday/Friday meet in Centerville where all field events had to be cancelled due to the wet conditions. It was a great practice meet as our high school kids got to compete and our junior high kids got their feet wet, both literally and figuratively, as many

experienced their first track meet. The Buffalo JH Meet was also adjusted and moved to Wednesday, March 6th.
#TrustTheProcess



BASEBALL IN FULL SWING DESPITE WEATHER

It's rainy. It's cold. It must be baseball season! Mother Nature was not kind as baseball started up, causing most of our tournament and non-district games to be cancelled. The Cougs started district play with a disappointing loss to Centerville followed by a blowout victory against North Zulch. The month of April is full of baseball so come out to the ballpark and watch the Cougars battle for a playoff spot. #HumBabe

MARK YOUR CALENDARS

- 3/5 – Baseball @ Normangee
- 3/6 – JH Track @ Buffalo
- 3/7 – HS Track @ Buffalo
- 3/8 – Regional Powerlifting
- 3/8 – Baseball vs. Lovelady
- 3/12 – Baseball vs. Slocum
- 3/14 – Baseball @ Latexo
- 3/19 – Baseball vs. Grapeland
- 3/21 – HS Track @ Leon
- 3/22 – JH Track @ Leon
- 3/22 – Baseball vs. Oakwood
- 3/23 – State Powerlifting
- 3/25 – JH Track @ Westwood
- 3/28 – HS Track @ Westwood
- 3/29 – Baseball vs. Centerville

QUOTABLE QUOTES

"A mistake is valuable if you do four things with it: recognize it, admit it, learn from it, forget it."

-John Wooden