



# FEBRUARY WEEHAWKEN

2019

Webster Elementary School  
Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div style="border: 1px solid green; padding: 5px;">Fruits &amp; vegetables from The Farm Stand are included with lunch.</div>	
	<b>American Heart Month</b> 		<div style="border: 1px solid orange; padding: 5px;">Weekly Alternate: Popcorn Chicken with Dip &amp; a Roll</div>	
4 Chicken Sliders on Buns	5 Pasta & Meatballs with Garlic Bread	6 BBQ Rib on Bun	7 Baked Chicken Nuggets with a Roll & Mashed Potatoes	8 Personal Pizza
<div style="border: 1px solid orange; padding: 5px;">Weekly Alternate: Mozzarella Sticks with Marinara Sauce</div>				
11 Beacon Street Stuffed Cheese Sticks with Marinara Sauce	12 TACO TUESDAY Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips with Corn	13 Baked Macaroni & Cheese with a Dinner Roll	14 Square Pizza	15 NO SCHOOL
<div style="border: 1px solid orange; padding: 5px;">Weekly Alternate: Baked Chicken Nuggets with a Roll</div>				
	19 Beef Sliders on Buns with Sweet Potatoes	20 Wing It Wednesday - Chicken Tenders with choice of Sauce & a Roll	21 French Toast Sticks with Sausage & Tater Tots	22 Pizza Bagel
<div style="border: 1px solid orange; padding: 5px;">Weekly Alternate: Stuffed Shells with Marinara Sauce</div>				
25 Mozzarella Sticks with Marinara Sauce	26 All-White Meat Chicken Tenders with a Dinner Roll	27 Cheeseburger on a Bun with Oven Fries	28 Chicken & Cheese Quesadilla	
<div style="border: 1px solid orange; padding: 5px;">Weekly Alternate: Chicken Patty on a Bun</div>				

**ALSO AVAILABLE DAILY**

**SALAD LUNCH (each salad includes a Whole Grain Roll)**

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese

**BAGEL MEAL**

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

**YOGURT LUNCH**

4 oz. Yogurt, Cheese Stick, Dinner Roll & a Trip to The Farm Stand

**GRILLED CHEESE SANDWICH**

HAM, TURKEY, OR BOLOGNA SANDWICH

**A Complete Lunch Includes:**

Entrée (with Protein/Grain)

**Trip to The Farm Stand**  
(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

Pre-paid lunch available. Send cash or check made payable to Weehawken BOE Cafeteria Account, or use [Payforit.net](https://www.payforit.net).



At least 50% of All Grains served w/ your meal are Whole Grain Rich

All items baked, not fried

"This institution is an equal opportunity provider."



Local Pink Lady Apples



Local Potatoes