



February

2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | <h2>Special News...</h2> <p>In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov</p> <p>This institution is an equal opportunity provider.</p> <p>Menus are subject to change without notice.</p> |
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| Weekly Rotation: Monday-Popcorn Chicken Salad/Roll, Cheeseburger Tuesday-Ham/ Cheese Sdw, Corndog Wednesday- Turkey Chef Salad/Roll, Chicken Nuggets/Roll | Thursday-Turkey Wrap, BBQ Pork Rib Sdw Friday- Fruit & Cheese Platter/Roll, Popcorn Chicken/Roll | | | 1 Spicy Chicken Sdw Steamed Carrots Sliced Cucumber Creamy Coleslaw Red Grapes Pineapple Tidbits 100% Fruit Blend Juice | |
| 4 Chicken Drumstick w/ Roll Red Pepper Strips Steamed Zucchini Straw/Spinach Salad Fresh Orange Fruit Mix 100% Fruit Blend Juice | 5 Corndog Potato Wedge Roasted Carrots Side Salad Fresh Apple Diced Pears 100% Apple Juice | 6 Chicken Potato Bowl w/ Roll Steamed Green Beans Fresh Celery Sticks Fresh Broccoli Diced Peaches Fresh Plum 100% Grape Juice | 7 Beef Soft Tacos Kickin' Pintos Fresh Baby Carrots Side Salad Watermelon Applesauce 100% Orange Juice | 8 Spicy Chicken Sdw Steamed Broccoli Fresh Cucumber Sl Fresh Red Pepper Strips Red Grapes Pineapple Tidbits 100% Fruit Blend Juice | |
| 11 Salisbury Steak w/ Brown Gravy Parsley Noodles Roasted Mixed Veggies Straw/Spinach Salad Fresh Broccoli Fresh Orange Fruit Mix 100% Fruit Blend Juice | 12 Sweet 'n Sour Popcorn Chix w/ Rice Fresh Red Pepper Strips Potato Bites Side Salad Fresh Apple Diced Pears 100% Apple Juice | 13 Bk Potato w/ Chili & Chz, Soft Pretzel Steamed Green Beans Fresh Zucchini Sl Diced Baby Carrots Fresh Plum Diced Peaches 100% Grape Juice | 14 ❤️❤️❤️ Beef Nachos Charro Beans Celery Sticks Side Salad Watermelon Applesauce 100% Orange Juice | 15 Spicy Chicken Sdw Steamed Carrots Fresh Tomatoes Cucumber Sl Red Grapes Pineapple Tidbits 100% Fruit Blend Juice | |
| 18 Chicken Drumstick w/ Corn Muffin Mashed Potatoes Fresh Broccoli Side Salad Fresh Oranges Fruit Mix 100% Fruit Blend Juice | 19 Chicken Parmesan w/ Pasta Steamed Green Beans Fresh Red Pepper Strips Side Salad Fresh Apple Diced Pear 100% Apple Juice | 20 Baked Potato w/ Chili/Chz, Soft Pretzel Orange Glazed Carrots Fresh Zucchini Sl Fresh Tomatoes Fresh Plum Diced Peaches 100% Grape Juice | 21 Chicken Quesadilla Refried Beans Steamed Celery Sticks Side Salad Watermelon Applesauce 100% Orange Juice | 22 Spicy Chicken Sdw Steamed Spinach Fresh Cucumber Sl Fresh Baby Carrots Red Grapes Pineapple Tidbits 100% Fruit Blend Juice | |
| 25 Fish Bites w/ Mac 'n Cheese Roasted Cauliflower Fresh Tomatoes Straw/Spinach Salad Fresh Orange Fruit Mix 100% Fruit Blend Juice | 26 Cheese Ravioli w/ Breadstick Fresh Red Pepper Strips Steamed Corn Side Salad Fresh Apple Diced Pear 100% Apple Juice | 27 Chicken Potato Bowl w/ Soft Pretzel Roasted Squash Fresh Celery Sticks Fresh Broccoli Fresh Plum Diced Peaches 100% Grape Juice | 28 Soft Beef Tacos Charro Beans Fresh Baby Carrots Side Salad Watermelon Applesauce 100% Orange Juice | Tuesday and Thursday: Cheese and Pepperoni Pizza Daily's: Milk Variety Peanut Butter & Jelly Sandwich | |

MIDDLE SCHOOL LUNCH

Special News...

Don't forget to apply for the Free or Reduced Program...applications are available in the campus office.

