

All Menus subject to Change without notice Breakfast October 2018 menus comes with 1/2 pint milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancake w/Syrup Orange Wedge Apple Juice	2 Cinnamon Bagel Cream Cheese Pineapple Chunks Grape Juice	3 Egglette w/Toast & Jelly Papaya & Pineapple Orange Juice	4 Pizza Bagel Mixed Fruit Dried Cranberry	5 Portuguese Sausage Steamed Rice Peach Slices Grape Juice
8 NO SCHOOL FALL BREAK	9 NO SCHOOL FALL BREAK	10 NO SCHOOL FALL BREAK	11 NO SCHOOL FALL BREAK	12 NO SCHOOL FALL BREAK
15 Pepperoni Pizza Stix Orange Wedge Apple Juice	16 Hot Dog w/Ketchup Steamed Rice Peach Slices Grape Juice	17 Waffle w/Syrup Banana Apple Wedge	18 Scramble Eggs w/Ketchup Fried Rice Mixed Fruit Apple Juice	19 Turkey Ham & Cheese on WG Bun Pineapple Chunks Cranberries
22 Pancake w/Syrup Watermelon Apple Juice	23 Applesauce Muffin Pineapple Chunks Grape Juice	24 Egglette w/Ketchup Papaya & Pineapple Orange Juice	25 Pizza Bagel Mixed Fruit Dried Craberry	26 Portuguese Sausage Steamed Rice Peach Slices Grape Juice
29 Maple Pancake Wrap Peach Slices Cranberries	30 Banana Bread Pineapple Chunks Grape Juice	31 Breakfast Chicken Patty Steamed Rice Mixed Fruit Orange Juice		

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Patty on WG Bun Curly Fries Lettuce Leaf Tomato Slice Peach Slices	2 Turkey Pastrami Whole Grain Bun House Salad Baby Carrots Mixed Fruits	3 Popcorn Chicken Whipped Potatoes Seasoned Broccoli Apple Wedge Banana Bread	4 Cheese Pizza Bake Beans House Salad Baby Carrots Grape Juice	5 Kalua Pork w/Cabbage Steamed Rice Lomi Tomato Pineapple Chunks
8 NO SCHOOL FALL BREAK	9 NO SCHOOL FALL BREAK	10 NO SCHOOL FALL BREAK	11 NO SCHOOL FALL BREAK	12 NO SCHOOL FALL BREAK
15 Fish Wedge w/sauce Steamed Rice Bake Beans Rainbow Salad Fruit Slushy	16 Crispy Nacho w/Beef & Cheese House Salad Diced Tomato Apple Juice	17 Chicken Tender w/sauce Steamed Rice Pickled Cabbage Broccoli & Carrots Pineapple Chunks	18 Cheese Burger Potato Wedge Veggie Sticks Diced Pears	19 Pepperoni Pizza Coleslaw Broccoli Florets Baby Carrots Peach Slices
22 Chicken Patty on WG Bun Curly Fries Lettuce Leaf Tomato Slices Peach Slices	23 Turkey Pastrami House Salad Baby Carrots Mixed Fruits	24 Popcorn Chicken Whipped Potatoes Seasoned Broccoli Apple Wedge Banana Bread	25 Cheese Pizza Bake Beans House Salad Baby Carrots Grape Juice	26 Kalua Pork w/Cabbage Steamed Rice Lomi Tomato Pineapple Chunks
29 Hot Dog in WG Bun Potato Rounds Veggie Sticks Apple Wedge Short Bread Cookie	30 Beef & Ulu (Breadfruit) Stew Steamed Rice House Salad Mixed Fruits	31 Creole Macaroni House Salad Fruit Slushy French Bread		

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