



Lunch Menu

March 2019

MIDDLE SCHOOL LUNCH MENU

25 Crispy Chicken Drumstick Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad	26 Spaghetti and Meatballs Cheesy Chicken Burger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Garden Salad Green Beans Baby Carrots	27 Tacomale Combo (Taco and Pork Tamales) Beef, Bean, & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo	28 General Tso's Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Baby Carrots Garden Salad	1 Corndog Pepperoni Pizza Cheese Pizza Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello
4 Mega Minis Chicken Chunks Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad	5 Chicken Parmesan Crispy Chicken Tenders Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Garlic Knot Green Beans Garden Salad Baby Carrots	6 Fish Sandwich Beef, Bean & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo	7 Mandarin Orange Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Baby Carrots	8 Pepperoni Pizza Cheese Pizza Meatloaf Sandwich Yummy Yogurt Plate Chef Salad with Tuna Salad Tuna Salad with Crackers Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello
11	12	13	14	15
No School - Spring Break				
18 Crispy Chicken Drumstick Pepperoni Pizza Wedge Cheese Pizza Wedge Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Freshly Baked Whole Wheat Roll Peas and Carrots Mashed Potatoes Baby Carrots Garden Salad	19 Spaghetti and Meatballs Cheesy Chicken Burger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Garden Salad Green Beans Baby Carrots	20 Tacomale Combo (Taco and Pork Tamales) Beef, Bean, & Cheese Burrito Yummy Yogurt Plate Turkey & Cheese Sandwich Chicken Breast Chef Salad Fiesta Salad Charro Beans Golden Corn Baby Carrots Pico de Gallo	21 General Tso's Chicken over Fried Brown Rice Spicy Chicken Wrap Cheeseburger Hamburger Yummy Yogurt Plate Ham & Cheese Sandwich Chef Salad with Ham Lettuce, Tomato, & Pickle Roasted Ginger Garlic Broccoli Baby Carrots Garden Salad	22 Corndog Pepperoni Pizza Cheese Pizza Yummy Yogurt Plate Chef Salad with Tuna Salad Tuna Salad with Crackers Tater Gems Rainbow Veggies Baby Carrots Under the Sea Jello
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MENU INFORMATION

Offered Daily:

- Variety of Fresh Fruit
- Canned Fruit of the Day
- Variety of Milk Choices

New Menu Item

Vegetarian Entree or
 Vegetarian Accommodation
 Available.

All breads and grains are
 whole grain rich

All Menus are subject to change

Breakfast Menu

Offered Daily:

- Fresh Fruit, 100% Fruit Juice,
 Assorted Milk

- Breadbasket (Select 1 or 2)
 Popart
 Assorted Cereal
 Muffin
 Cheese Stick

Monday

- Breakfast Bar
- Kolache
- Yogurt Parfait
- Marranito

Tuesday

- PB&J Sandwich
- Marranito
- Yogurt Parfait

Wednesday

- Eggo Mini Pancakes
- Strawberry Bagels
- Cinnamon Roll
- Yogurt Parfait
- Marranito

Thursday

- Egg and Cheese Biscuit
- Concha
- Marranito
- Yogurt Parfait

Friday

- Sausage Biscuit
- Marranito
- Yogurt Parfait

- A complete breakfast consists of at least 3 components.
- Students must take a FRUIT or FRUIT JUICE.
- Students must be able to select their own items.

Contact Us

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