

## November 2018

### AASD Elementary School Breakfast Menu

Thursday	1	Egg and Cheese Sandwich
Friday	2	Waffles
Monday	5	Rainbow Glazed Donuts
Tuesday	6	Sausage, Egg and Cheese on a Bagel
Wednesday	7	Breakfast Pizza
Thursday	8	Egg and Cheese Croissant
Friday	9	Pancakes
Monday	12	NO SCHOOL – VETERANS DAY
Tuesday	13	Ham, Egg and Cheese on a Bagel
Wednesday	14	Scrambles Eggs with Cheese and Toast
Thursday	15	Egg and Cheese Sandwich
Friday	16	Waffles
Monday	19	Rainbow Glazed Donuts
Tuesday	20	NO SCHOOL
Wednesday	21	NO SCHOOL
Thursday	22	NO SCHOOL THANKSGIVING
Friday	23	NO SCHOOL
Monday	26	NO SCHOOL
Tuesday	27	Ham, Egg and Cheese on a Bagel
Wednesday	28	Scrambles Eggs with Cheese and Toast
Thursday	29	Egg and Cheese Sandwich
Friday	30	Waffles

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

**Alternative Breakfast Entrée:** Assorted Cereal with Toast or Assorted Poptarts with Toast

**Whole grain cereal selection may include:** Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms and Honey Nut cheerios

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**What is a Meal?** You must choose at least 3 items. One must be a ½ cup of fruit.

**What is an Item?** Grain, Protein, Choice of Fruit, or Choice of Milk

**Daily fruit selections may include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

**Breakfast Prices:** Student \$1.00. Reduced \$0.30. Adult \$2.10.

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