

DB Excel (11:00-12:30) ~ February 2020 MENU

Pricing:		Breakfast: \$1.50	Lunch \$2.70	Ala Carte prices range from \$.50 - \$3.50	
LUNCH Menu for Week of Feb 4th thru Feb 6th					
Monday (W3D1)	Tuesday (W3D2)	Wednesday (W3D3)	Thursday (W3D4)		
Breakfast Sausage Biscuit (28) Apple jc / Pineapple tidbits (19) Lunch Chicken Nuggets (22) & Sauce * Mac-N- Cheese (17) Seasoned Green Beans (5) Baby Carrot Cups (8) Applesauce(13)Peach Cup(33)	Breakfast Egg & Cheese Croissant (28) Orange Juice / Peaches(18) Lunch Taco Salad (40) Corn Niblets (16) Black Beans (15) Fresh Vegetable Cup (3) Orange Wedg(10) Bana(22)	Breakfast Sunrise Sausage&Egg Slider(28) Apple Juice / Fresh Orange (8) Lunch Wings(7)&Sauce* Texas Tst(14) Spicy Sweet Potato Fries (26) Steamed Broccoli(5) Celery/Carrot Cup(5) Mixed Grapes(15) Craisins (28)	Breakfast Ham Cheese Croissant (28) Orange Juice / Pears(23) Lunch Corndog Nuggets (40) Pinto Beans (17) Roasted Potato Wedges (22) Creamy Coleslaw (9) Fruit Slush(20)Bl Pears(23)	Parent Conference Day	
LUNCH Menu for Week of Feb 10th thru Feb 14 th					
Monday (W1D1)	Tuesday (W1D2)	Wednesday (W1D3)	Thursday (W1D4)	Friday (W1D5)	
Breakfast Sausage Biscuit (28) Apple juice / Applesauce (13) Lunch Big Chicken Sandwich (45) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesce(13) Fruit Slushie (20)	Breakfast Egg & Cheese Croissant (28) Orange Juice / Banana (22) Lunch Bacon Double Ch burger(31) Tater Tots (16) Baked Beans (37) Creamy Coleslaw (9) Peaches(18)Banana(22)	Breakfast Sunrise Sausage&Egg Slider(28) Apple Juice / Fresh Orange (8) Lunch Wings(7)&Sauce* Texas Tst(14) Potato Wedges (15) California Blend Veg(3) Celery/Carrot Cup(5) Apple (12)Carmel(19) Raisels (35)	Breakfast Ham Cheese Croissant (28) Orange Juice / Pineapple (19) Lunch Cheese Sticks(48)Marinara(6) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Fruit Gelatin (18)StrawberryCup(3)	Breakfast Chicken(9) Biscuit (28) Apple Juice / Fruit Mix (20) Lunch Nashville Hot Chicken Bites (15) Mashed Potatoes (22) Buttered Baby Peas(15) Baby Carrot Cups (8) Be mine Slushie (20)Craisins (28)	
LUNCH Menu for Week of Feb 17th thru Feb 21 st					
Monday (W2D1)	Tuesday (W2D2)	Wednesday (W2D3)	Thursday (W2D4)	Friday (W2D5)	
**Breakfast Sausage Biscuit (28) Apple Juice / Sliced Peaches (18) Lunch Spicy Chicken Sandwich (45) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Pineapple(19)Fruit Slushie(20)	Breakfast Egg & Cheese Croissant (28) Orange Juice / Banana (22) Lunch Hot Dog with Chili(33) Tater Tots (16) Baked Beans (37) Creamy Coleslaw (9) Peach Cup (33) Bana (22)	Breakfast Sunrise Sausage&Egg Slider(28) Apple Juice / Fresh Orange (8) Lunch Wings(7)&Sauce* Texas Tst(14) Crinkle Cut Fries (17) California Blend Veg(3) Celery/Carrot Cup(5) Apple(12)Cdip(19)Craisins(28)	Breakfast Ham Cheese Croissant (28) Orange Juice / Pears(23) Lunch Cheesy Chic Quesadilla(35) Southwestern Beans (15) Corn Niblets (16) Cucumber/Tomato Cup (3) StrwBerry Cup(33)Bl Pears(23)	Breakfast Chicken(9) Biscuit (28) Apple Juice / Fruit Mix (20) Lunch Wild Mikes Cheesy Bites (35) Marinara Sauce (6) Broccoli (5) Glazed Carrots (16) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (18)	

LUNCH Menu for Week of Feb 24 th thru Feb 28th				
Monday (W3D1)	Tuesday (W3D2)	Wednesday (W3D3)	Thursday (W3D4)	Friday (W3D5)
Breakfast Sausage Biscuit (28) Apple jc / Pineapple tidbits (19) Lunch Chicken Nuggets (22) & Sauce * Mac-N- Cheese (17) Seasoned Green Beans (5) Baby Carrot Cups (8) Applesauce(13)Peach Cup(33)	Breakfast Egg & Cheese Croissant (28) Orange Juice / Peaches(18) Lunch Taco Salad (40) Corn Niblets (16) Black Beans (15) Fresh Vegetable Cup (3) Fruit Slush(20) Bana(22)	Breakfast Sunrise Sausage&Egg Slider(28) Apple Juice / Fresh Orange (8) Lunch Wings(7)&Sauce* Texas Tst(14) Spicy Sweet Potato Fries (26) Steamed Broccoli(5) Celery/Carrot Cup(5) Mixed Grapes(15) Craisins (28)	Breakfast Ham Cheese Croissant (28) Orange Juice / Pears(23) Lunch Corndog Nuggets (40) Pinto Beans (17) Roasted Potato Wedges (22) Creamy Coleslaw (9) Org. Wedges(10)Bl Pears(23)	Breakfast Chicken(9) Biscuit (28) Apple Juice / Fruit Mix (20) Lunch Chicken Fries(15)Sauce*Roll (29) Spicy Sweet Potato Fries (26) Garden Green Peas(15) Baby Carrot Cups (8) Fruit Gelatin (20) Raisels (35)

USDA is an equal opportunity provider.

Numbers in parenthesis () indicate the carb counts for the item listed

Available Daily:	
Fruit & Yogurt Parfait(72)	Salads, Various
Assorted Fast Pack (86)	PB & J Uncrustables (33)
Asst. Deli Sandwich Box(65) (Roast Beef, Ham,Turkey)	
Variety of Fruit and Fresh Vegetables	
Chips (lg. & sm.) & Assorted Grains	
Cereal bars, Rice Krispy Treats	
Fruit Roll Ups (11)	Fresh Baked Cookies(24)
Bottled water - assorted flavored and unflavored	
G2	Powerade "Ice" Drink
Milk - variety	

These Lunch choices will be available on a daily basis:	
Sandwiches (30) Ham Turkey Roast Beef Chicken Salad Fast Packs(46) & PBJ Fast Packs (86)	Grab & Go Salads: Chef and Grilled Chicken (46) Fruit & Yogurt Parfait (72) (counts as a meal)
Milk Choices offered with breakfast and lunch daily	
1% milk (11), Skim milk (12), Chocolate milk (24), Strawberry milk (22)	

These Breakfast choices will be available on a daily basis:
 Cereal (14-25), Assorted Fruits (12-20) and Beverages, 100% Fruit Juices (13-19)

Pizza Also Available every Tuesday and Thursday (35)



Loaded Baked Potato (40)
 now available on Monday,
 Wed, Friday

REMINDER:
All breakfasts/lunches must contain a fruit or vegetable.
For more information about meals, nutrition, and our online payment system, visit our website at

