



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1  <b>Chicken Pie with Roll</b>  <b>BBQ Tray with Hushpuppies</b>                      Baby Carrots                      Mashed Potatoes                      Green Beans                      Peaches &amp; Cream                      Fresh Orange Slices</p>	<p>2  <b>SUB SANDWICH BAR</b>                      Sliced Turkey Breast                      Sliced Turkey Ham                      Shredded Cheese                      Sliced American Cheese                      WG Sub Roll                      Onions, Pickle Chips,                      Tomatoes, Black Olives,                      Jalapenos, Cucumbers &amp;                      Lettuce                      Cheez Its                      Strawberry Cup                      Fresh Pears</p>
<p>5  <b>Homemade Lasagna w/Garlic Breadstick</b>  <b>Chicken Quesadilla</b>                      Caesar Salad                      Steamed Corn                      Green Beans                      Sliced Peaches                      Fresh Banana</p>	<p>6   <b>OTE</b></p>	<p>7  <b>Mandarin Orange Chicken over Rice</b>  <b>Cheesy French Bread</b>                      Marinara Sauce                      Steamed Broccoli                      Glazed Carrots                      Applesauce                      Fresh Apple</p>	<p>8  <b>Chicken Nuggets with Roll</b>  <b>Double Cheeseburger or Double Hamburger</b>                      Garden Salad                      Curly Fries                      Tomato Soup                      Mandarin Oranges                      Fresh Plums</p>	<p>9  <b>MEXI RICE BOWL BAR</b>                      Diced Chicken                      Shredded Pork                      Shredded Cheese                      Cheddar Cheese Sauce                      Brown Rice                      Black Beans,                      Peppers &amp; Onions,                      Black Olives, Jalapenos,                      Tomatoes, Salsa &amp; Lettuce                      Peach Cup                      Fresh Pears</p>
<p>12    <b>Veterans Day</b></p>	<p>13  <b>Fish Nuggets with Hushpuppies</b>  <b>Rib B Que Sandwich</b>                      Coleslaw                      Mashed Potatoes                      Steamed Green Peas                      Baked Apples                      Fresh Grapes</p>	<p>14  <b>Hot Dogs</b>  <b>Pizza Slice</b>                      Coleslaw                      Baked Beans                      Potato Wedges                      Peach Cup                      Fresh Apple</p>	<p>15  <b>Baked Spaghetti with Garlic Breadstick</b>  <b>Chicken Fajitas</b>                      Caesar Salad                      Vegetable Medley with Cheese                      Steamed Corn                      Diced Pears                      Fresh Orange Slices</p>	<p>16  <b>WAFFLE FRY BAR</b>                      Diced Chicken                      Taco Beef                      Shredded Cheese                      Cheddar Cheese Sauce                      WG Yeast Roll                      Broccoli, Black Beans,                      Peppers &amp; Onions,                      Black Olives, Jalapenos                      Tomatoes &amp; Salsa                      Strawberry Cup                      Fresh Pears</p>

### Lunch Meal Prices

Reduced.....\$ .40  
 Paid.....\$3.00

A reimbursable lunch consists of 1 item from each of the 5 groups\*:

- 1) Meat/Meat Alternate
- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

\*Menu items are subject to change based off of product availability.

\*Menus are subject to change based on availability of products. Main line menu items made with whole muscle chicken may also be made with turkey.

Free & Reduced Meal applications can be completed online at:

[www.lunchapplication.com](http://www.lunchapplication.com)

Manage and monitor your student's account at:  
[www.k12paymentcenter.com](http://www.k12paymentcenter.com)  
 \*Independently run from the School Nutrition Program.

If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.

Davidson County Schools is an equal opportunity employer and provider.

# 9-12 LUNCH MENU

# November 2018



<p>19  <b>Turkey w/Gravy, Stuffing &amp; Roll</b>  <b>Meatball Sub</b>                  Green Beans                  Sweet Potato Casserole                  Cherry Cobbler                  Manager's Choice Fresh Fruit</p> 	<p>20  <b>Nachos Supreme</b>  <b>Mini Corndogs</b>                  Garden Salad                  Potato Tots                  Fiesta Black Beans                  Diced Pears                  Manager's Choice Fresh Fruit</p>	<p>21                      22                      23</p> 		
<p>26  <b>Homemade Lasagna w/Garlic Breadstick</b>  <b>Chicken Quesadilla</b>                  Steamed Corn                  Green Beans                  Sliced Peaches                  Fresh Banana</p>	<p>27  <b>Beef Soft Tacos</b>  <b>Rotisserie Chicken with Roll</b>  <del>Garden Salad</del>                  Refried Beans                  Potato Wedges                  Strawberry Cup                  Fresh Grapes</p>	<p>28  <b>Mandarin Orange Chicken over Rice</b>  <b>Cheesy French Bread</b>                  Marinara Sauce                  Steamed Broccoli                  Glazed Carrots                  Applesauce                  Fresh Apple</p>	<p>29  <b>Chicken Nuggets with Roll</b>  <b>Double Cheeseburger or Double Hamburger</b>  <del>Garden Salad</del>                  Curly Fries                  Tomato Soup                  Mandarin Oranges                  Fresh Plums</p>	<p>30  <b>MEXI RICE BOWL BAR</b>                  Diced Chicken                  Shredded Pork                  Shredded Cheese                  Cheddar Cheese Sauce                  Brown Rice                  Black Beans,                  Peppers &amp; Onions,                  Black Olives, Jalapenos,                  Tomatoes, Salsa &amp; <del>Lettuce</del>                  Peach Cup                  Fresh Pears</p>

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