

APRIL 2019 9-12 Menu

Fayette County Public Schools

Grab N Go Snack Box
 Will be offer Every Tuesday N Thursday
Menu Includes
 Deli Sandwich on a Hoagie Bun
 Lettuce, Tomato, Pickle, & Onion
 Chips

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Chicken Sandwich 1 BBQ Nachos Purple Peas Corn on the Cob Mandarin Oranges Assorted Fresh Fruit Milk	Crispito with Cheese 2 Chicken Rings/Roll Glazed Carrots Triangle Potatoes Chilled Peaches Cantaloupe Milk	Oven Baked Breaded Chicken/Biscuit 3 Chilli W/Cheese & Crackers Whole Baked Potatoes Broccoli w/Cheese Pineapple Chunks Assorted Fresh Fruit Milk	Spaghetti/Meat Sauce & Breadstick 4 Chicken & Cheese Quesadilla Tossed Salad Green Beans Frozen Fruit Juice Dog Assorted Fresh Fruit Milk	Stuffed Crust Cheese or Pepperoni Pizza 5 Pulled Pork Barbecue/Bun Hash Rounds Green Peas Chilled Fruit Cup Assorted Fresh Fruit Milk
Cheeseburger on a Bun 8 Fish Sticks w/Hushpuppies Cole Slaw Glazed Carrots Chilled Peaches Cup Assorted Frsh Fruit Milk	Half Day for Students 9	Pizza Max Stick W Salsa 10 Hot Dog on Bun Mashed Potatoes Green Peas Chilled Fruit Cup Assorted Fresh Fruit Milk	Grilled Chicken Sandwich 11 BBQ Nachos Broccoli w/Cheese Whole Kernel Corn Mandarin Oranges Assorted Fresh Fruit Milk	Cheese or Pepperoni Pizza 12 Deli Turkey Sandwich/Lett, Tom Glazed Baby Carrots Crinkle Cut Fries Chilled Fruit Cup Assorted Fresh Fruit Milk
Turkey and Gravy W/Roll 15 Corn Dog Whole Baked Potatoes Broccoli w/Cheese Chilled Pineapple Chunks Cup Assorted Fresh Fruit Milk	Crispito with Cheese 16 Chicken Rings/Roll Glazed Carrots Triangle Potatoes Chilled Peaches Cup Assorted Fresh Fruit Milk	Hamburger on a Bun 17 Chicken Fajita w/ Cheese Soft Shell Tortilla Broccilo Sweet Potatoes Casserole Chilled Pineapple Chunks Cup Assorted Fresh Fruit Milk	Grilled Cheese Sandwich 18 Pulled Pork Barbecue on a Bun Cole Slaw Baked Beans Chilled Fruit Cups Assorted Fresh Fruit Milk	Good Friday No School 19
Chicken Alfredo w Garlic Breadstick 22 Mini Corn Dogs Garden Salad Baked Potatoes Chilled Fruit Cup Assorted Fresh Fruit Milk	Pizza Max Sticks/Marinara Sauce 23 Meatloaf Minis w/Roll Corn on the Cob Green Beans Chilled Peaches Assorted Fresh Fruit Milk	Popcorn Chicken with Roll 24 Deli Turkey Sandwich/Lett, Tom Glazed Baby Carrots Crinkle Cut Fries Applesauce Assorted Fresh Fruit Milk	Fish Sandwich/Bun w Cheese 25 Baked Chicken w/Roll Creamy Coleslaw Broccoli with Cheese Chilled Pears Assorted Fresh Fruit Milk	Stuffed Crust Cheese or Pepperoni Pizza 26 Soft Shell Taco on Tortilla Cheese, Lettuce, Tomato Cheesy Refried Beans Glazed Baby Carrots Chilled Applesauce Cup Assorted Fresh Fruit Milk
Steak and Gravy/ Roll 29 Hot Dog on a Bun Mashed Potatoes with Gravy Green Peas Assorted Fresh Fruit Applesauce Milk	Grilled Chicken Sandwich 30 BBQ Nachos Purple Hull Peas Whole Kernel Corn Mandarin Oranges Assorted Fresh Fruit Milk			

Lunch Meal Pattern

- 3 oz. meat/meat alternate daily 15 oz. minimum per week
- 2 oz. equivalent grain daily (10 oz. eq. minimum per week)
- 1 cup of vegetable daily (5 cups per week)
- 1 cup of fruit daily (5 cups per week)
- 1 cup milk daily (5 cups per week)

**MENUS ARE SUBJECT TO
CHANGE DUE TO PRODUCT
AVAILABILITY**

This institution is an equal opportunity provider.

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk