

DEMOPOLIS CITY SCHOOLS MENUS

March-20

DEMOPOLIS HIGH SCHOOL

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BISCUIT SAUSAGE CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK	3 CHEESE TOAST SAUSAGE GRITS/CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK	4 CINNAMON ROLL HAM & CHEESE CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK	5 WAFFLES HAM CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK	6 BREAKFAST PIZZA CEREAL YOGURT FRUIT FRUIT JUICE CHOICE OF MILK
9 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	10 CHEESE TOAST SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	11 PANCAKES SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	12 FRENCH TOAST STICKS SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	13 PANCAKES SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
16 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	17 CHEESE TOAST SAUSAGE & EGGS GRITS/CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	18 FRENCH TOAST STICKS SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	19 WAFFLES HAM CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	20 CINNAMON ROLL HAM & CHEESE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
23 BISCUIT SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	24 CHEESE TOAST SAUSAGE & EGGS GRITS/CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	25 CINNAMON ROLL HAM & CHEESE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	26 BREAKFAST PIZZA CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK	27 PANCAKES SAUSAGE CEREAL YOGURT FRUIT JUICE FRUIT CHOICE OF MILK
30	31	1 SPRING BREAK MARCH 30-APRIL 3, 2020	2	3

This menu is subject to change.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

DEMOPOLIS CITY SCHOOLS MENUS

March-20

DEMOPOLIS HIGH SCHOOL

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 TURKEY & CHEESE SUB CHICKEN TENDERS MIXED VEGETABLES CREAMED POTATOES ROLL FRUIT CHOICE OF MILK	3 HAM & CHEESE SANDWICH CRISPITOS GREEN BEANS FRENCH FRIES LETTUCE, TOMATO, PICKLE FRUIT CHOICE OF MILK	4 GRITS OR HASHBROWNS EGGS SAUSAGE CHICKEN SANDWICH FRENCH TOAST/BISCUIT GREEN SALAD FRUIT CHOICE OF MILK	5 BREAKFAST BURRITO CHICKEN & WAFFLES GRITS/OATMEAL GREEN SALAD FRUIT CHOICE OF MILK	6 MINI BURGER SLIDERS SPICY CHICKEN SANDWICH CORN LETTUCE, TOMATO, PICKLE BAKED CHIPS FRUIT CHOICE OF MILK
9 PIZZA CHEESE BURGER PINTO BEANS BROCCOLI & CHEESE FRENCH FRIES LETTUCE, TOMATO, PICKLE FRUIT CHOICE OF MILK	10 OVEN FRIED CHICKEN HAMBURGER STEAK STEAMED CABBAGE RICE/GRAVY GREEN SALAD/DRESSING BAKED SWEET POTATO CORNBREAD/FRUIT CHOICE OF MILK	11 BURRITO BEEF & BEAN NACHO LETTUCE, TOMATO, CHEESE SPANISH RICE CORN FRUIT CHOICE OF MILK	12 BBQ SANDWICH CORN DOG BAKED BEANS POTATO SALAD GREEN SALAD FRUIT CHOICE OF MILK	13 SACK LUNCH 1/2 DAY STUDENTS
16 QUESADILLA FISH COLE SLAW HUSHPUPIES BAKED BEANS OKRA & TOMATOES FRUIT CHOICE OF MILK	17 SWEET & SOUR CHICKEN CHICKEN NUGGETS ASIAN RICE STIR FRY EGG ROLL FRUIT CHOICE OF MILK	18 SPAGHETTI CHICKEN BITES GREEN SALAD GREEN BEANS CARROTS ROLL FRUIT CHOICE OF MILK	19 HAMBURGER CHILI DOG LETTUCE, TOMATO, PICKLE BAKED BEANS FRENCH FRIES FRUIT CHOICE OF MILK	20 HAM & CHEESE SUB POLISH SAUSAGE SLICED CARROTS GREEN SALAD BAKED CHIPS FRUIT CHOICE OF MILK
23 HAMBURGER STEAK GRILLED CHICKEN GREEN BEANS RICE & GRAVY BAKED SWEET POTATO GREEN SALAD ROLL/FRUIT CHOICE OF MILK	24 MEATBALL SUB CHICKEN PATTY BLACK-EYED PEAS CARROTS GREEN SALAD/DRESSING CORNBREAD FRUIT CHOICE OF MILK	25 BAKED PORK CHOPS CRISPITOS STEAMED CABBAGE PINTO BEANS BAKED SWEET POTATO CORNBREAD FRUIT CHOICE OF MILK	26 HOT WINGS LASAGNA BROCCOLI & CHEESE CARROTS GREEN SALAD/DRESSING ROLL FRUIT CHOICE OF MILK	27 BUFFALO CHICKEN SUB TURKEY & CHEESE SUB GREEN BEANS GARDEN SALAD/DRESSING BAKED CHIPS FRUIT CHOICE OF MILK
30	31	1 SPRING BREAK MARCH 30-APRIL 3, 2020	2	3

This menu is subject to change.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.