

# August

HOT/COLD  
BREAKFAST



revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
<ul style="list-style-type: none"> <li>• zee ze's cinnamon crisp bar/fruit (V) (DF)</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• HOT cinnamon toast bagel/fruit</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• string cheese/cinnamon grahams/fruit</li> <li>• Choice of Milk</li> <li>○ juice option available</li> </ul>	<ul style="list-style-type: none"> <li>• blueberry burst bagel w/cream cheese/fruit</li> <li>• Choice of Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Apple muffin/fruit</li> <li>• Choice of Milk</li> <li>○ juice option available</li> </ul>
27	28	29	30	31

## Welcome Back!

Start your day (and your new school year!) off right with a healthy breakfast.

Not only is breakfast the **most important meal of the day**, but it's also one of the key ways to **maximize your daily energy** and **increase concentration** throughout the whole day!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

*This institution is an equal opportunity provider*



# August

LUNCH



revolution foods.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
<ul style="list-style-type: none"> <li>• Oven Roasted Chicken</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Steamed Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Popcorn chicken bites</li> <li>• w/BBQ bean sauce</li> <li>• Juice</li> <li>• Choice of Milk</li> <li>○ edamame/grape tomatoes w/ranch</li> </ul>	<ul style="list-style-type: none"> <li>• Creamy chicken alfredo</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ steamed carrots</li> </ul>	<ul style="list-style-type: none"> <li>• Pepper jack cheeseburger</li> <li>• Juice</li> <li>• Choice of Milk</li> <li>○ Broccoli and carrot salad</li> </ul>	<ul style="list-style-type: none"> <li>• mighty meaty deli combo sandwich</li> <li>• Fresh Fruit</li> <li>• Choice of Milk</li> <li>○ Green beans</li> </ul>
27	28	29	30	31

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