

FLDUSD

LUNCH MENU NOVEMBER 2018

1% AND FAT FREE MILK SERVED WITH EVERY MEAL

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 SPAGHETTI ROMAINE SALAD CHERRY TOMATOE BABY CARROTS FRESH FRUIT ASSOR 1% LOW FAT MILK	Nov - 2 CHEESE PIZZA FISH NUGGETS ROASTED VEGGIES BABY CARROTS RED GRAPES PINEAPPLE 1% LOW FAT MILK
Nov - 5 CHICKEN NUGGETS PEAS CHICKPEA AND TO BANANA DICED PEACHES 1% LOW FAT MILK	Nov - 6 CHILE BEANS CORNBREAD GRILLED TURKEY SA CELERY STICKS BABY CARROTS APPLESAUCE FRESH STRAWBERRY 1% LOW FAT MILK	Nov - 7 CORN DOG 3 BEAN SALAD CELERY STICKS DICED PEACHES APPLESAUCE,SWEET 1% LOW FAT MILK	Nov - 8 CHICKEN FAJITA RICE TURKEY BURGER MIX VEGGIES BABY CARROTS FRESH FRUIT ASSOR 1% LOW FAT MILK	Nov - 9 FRENCH BREAD PIZ ROMAINE SALAD ROASTED PEPPER M PINEAPPLE 1% LOW FAT MILK
Nov - 12 NO SCHOOL TODAY	Nov - 13 ORANGE CHICKEN RICE GRILLED HAM SAND STEAMED BABY CAR CELERY STICKS PLUM ORANGE JUICE 1% LOW FAT MILK	Nov - 14 BURRITO BEAN & CH CHICKEN QUESIDILL CORN BROCCOLI FRESH FRUIT ASSOR 1% LOW FAT MILK	Nov - 15 TURKEY AND GRAV WHEAT ROLL MASH POTATO GREEN BEANS MIX FRUIT APPLES 1% LOW FAT MILK	Nov - 16 CHEESE PIZZA FISH NUGGETS ROASTED VEGGIES BABY CARROTS RED GRAPES PINEAPPLE 1% LOW FAT MILK
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 CHICKEN BURGER SWEET POTATO FRIE BROCCOLI PLUM MIX FRUIT 1% LOW FAT MILK	Nov - 27 CHICKEN TACO CEVICHE JICAMA STICK REFRIED BEANS MANDARIN ORANG FRESH PEARS 1% LOW FAT MILK	Nov - 28 SLOPPY JOE TURKEY BURGER COLESLAW FRENCH FRIES MIX FRUIT	Nov - 29 ORANGE CHICKEN RICE GRILLED HAM SAND STEAMED BABY CAR CELERY STICKS PLUM ORANGE JUICE 1% LOW FAT MILK	Nov - 30 FRENCH BREAD PIZ ROMAINE SALAD ROASTED PEPPER M PINEAPPLE 1% LOW FAT MILK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.