

2018-2019

Lakeside Jr. High MENU

Ashtabula Area City Schools



Lunch Meal Calendar

AUGUST 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2018

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

OCTOBER 2018

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2018

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

DECEMBER 2018

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY 2019

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2019

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MARCH 2019

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2019

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MAY 2019

S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Lunch - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Chicken Tenders w/Scooby-Doo Grahams Steamed Cauliflower Applesauce 	<ul style="list-style-type: none"> Calzone w/Marinara Dip Steamed Broccoli Cinnamon Pears 	<ul style="list-style-type: none"> Cheeseburger Baked Beans Carrot Stix w/Ranch Mixed Fruit 	<ul style="list-style-type: none"> Kids' Choice Steamin' Corn Mandarin Oranges 	<ul style="list-style-type: none"> Pizza Carrot Stix w/Ranch Diced Peaches

Lunch - Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Chicken Patty Sandwich Tater Tots Cinnamon Pears 	<ul style="list-style-type: none"> Corn Dog Green Beans Mandarin Oranges 	<ul style="list-style-type: none"> Salisbury Steak Sandwich Carrot Stix w/Ranch Baked Beans Cinnamon Pears 	<ul style="list-style-type: none"> Kids' Choice Sun Spots Pineapple Bits 	<ul style="list-style-type: none"> Personal Pan Pizza Steamed Broccoli Side Kick (100% Juice Slushie)

Lunch - Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Grilled Chicken Sandwich French Fries Applesauce 	<ul style="list-style-type: none"> Meatballs w/Breadstick Steamed Broccoli Diced Peaches 	<ul style="list-style-type: none"> Turkey Burger Baked Beans Mandarin Oranges 	<ul style="list-style-type: none"> Kids' Choice Sweet Potato Fries Diced Pears 	<ul style="list-style-type: none"> Pizza Green Beans Carrot Stix w/Ranch Pineapple Bits

Lunch - Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Chicken Fries w/Goldfish Steamed Cauliflower Applesauce 	<ul style="list-style-type: none"> Quesadilla Salsa Cup Refried Beans Diced Peaches 	<ul style="list-style-type: none"> Open-Faced Sloppy Joes w/Sun Chips Steamed Broccoli Cinnamon Applesauce 	<ul style="list-style-type: none"> Kids' Choice Peas Mixed Fruit 	<ul style="list-style-type: none"> Stuffed Crust Pizza Diced Carrots Diced Pears

All student **LUNCH COMBO MEALS** include choice of an entrée, fruit, veggie and milk! Students must select a fruit or veggie with a Lunch Combo Meal.

Meals are at NO COST for students!

All Ashtabula Area City Schools are participating in the new Community Eligibility Provision (CEP), offered by the USDA for low income school districts that qualify, which allows the Nutrition Services Department to provide **ONE School Breakfast Meal and ONE School Lunch Meal per student per day free or charge.** In order to receive the free breakfast and/or lunch meal, students must select the minimum amount of items to make a combo meal or they will be charged a la carte pricing. All students must still enter their PIN when receiving their meals or a la carte items at the cashier stand. Money may still be placed on students' accounts to be used for purchasing a la carte items. If sending in a check, please make it payable to Ashtabula Area City Schools. Sending cash with elementary-age students is not encouraged. Credit card payments are accepted at www.PayForIt.net. Please keep in mind that if your child carries over a negative balance they will not be able to purchase extra items or snacks, until the negative balance is paid in full.

Lunch Items Offered Daily

- Chef Salad with Dinner Roll or Grahams
- Yogurt with Dinner Roll or Grahams
- Peanut Butter and Jelly Sandwich with String Cheese and Grahams
- Romaine Side Salad • Fresh Fruit

Drinks

- Extra Milk (1/2 pint) \$.45
- Large Water \$1.00
- Small Water \$.50
- 100% Chilled Juices \$.35

Lunch Items A La Carte

- Featured Entrée of the Day... \$2.25
- Deli, Wrap, Sub and other Sandwiches \$2.25
- Large Side Item \$1.25
- Small Side Item \$.75
- Whole Fruit \$.50
- String Cheese \$.50
- Extra Salad Dressing (large)... \$.50
- Extra Salad Dressing (small)... \$.25

Meal Pricing

- Student Lunch (includes milk) No Charge
- Adult Lunch \$3.00
- Student Breakfast (includes milk) No Charge
- Adult Breakfast \$2.00

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> Bagels Fresh Fruit Juice 	<ul style="list-style-type: none"> Mini Waffles Fresh Fruit Juice 	<ul style="list-style-type: none"> Breakfast Pizza Fresh Fruit Juice 	<ul style="list-style-type: none"> Pancake and Sausage Stick Fresh Fruit Juice 	<ul style="list-style-type: none"> Mini Pancakes Fresh Fruit Juice

All student **BREAKFAST COMBO MEALS** include milk! Students must select a fruit or juice with the Breakfast Combo Meal. Breakfast Items Offered Daily: Nutri-Grain Breakfast Bars, String Cheese and Grahams.



Ashtabula Area City Schools Nutrition Services Department

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6600 Sanborn Road • Ashtabula, Ohio 44004
440-993-2490 • www.acs.net

Information Regarding Food Allergies, Sensitivities and Diabetic Students: On the Point of Sale student ID system, which is used on all cafeteria serving lines, we can flag your child for food allergies or other food concerns. A physician's statement is required for specific food substitutions in the case of life threatening allergies (this includes milk). It is the parent's responsibility to review the monthly menu and contact the director of Nutrition Services with questions regarding specific content of food items (440-993-2490). We do not ban any food from the school setting and we are NOT a Peanut/Nut-Free school district. We use the guidelines as set forth in the The School Food Allergy Program by The Food Allergy and Anaphylaxis Network (FAAN). Carb counts and nutritional information for most food items are available. Please call or email for any other information. This institution is an equal opportunity provider.