

K-5 Lunch Menu

August/September 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 Nachos Supreme Pepperoni Calzone Steamed Corn Potato Wedges Applesauce Banana Milk	27 Yogurt Power Pack Chicken Fillet Sandwich French Fries Baked Beans Garden Salad Diced Pears Orange Wedges Milk	28 PB&J Sandwich Chicken Pie w/Roll Celery Sticks Green Bean Mashed Potatoes Pineapple Tidbits Apple Milk	29 Orange Chicken over Steamed Brown Rice Fish Nuggets w/Hushpuppies Glazed Carrots Tater Tots Mandarin Oranges Pear Milk	30 Retro Pizza (Cheese or Pepperoni) Toasted Cheese Ravioli Marinara Sauce Sweet Peas Broccoli Cheese Soup Fruit Salad Plum Milk
2 Brookwood BBQ Sandwich Chicken Nuggets w/Roll Sweet Potato Casserole Baked Beans Sliced Peaches Banana Milk	3 Pizza Creator Kit Homemade Lasagna w/Breadstick California Blend w/Cheese Mashed Potatoes Fruit Sorbet Orange Wedges Milk	4 PB&J Sandwich Corndog Nuggets Steamed Corn Garden Salad Mixed Fruit Cocktail Apple Milk	5 Chicken Tenders & Waffle Beef Soft Taco Tator Tots Broccoli w/Cheese Peach Cup Pear Milk	6 Garlic Cheese Bread Hot Ham & Cheese Sandwich Tomato Soup French Fries Applesauce Cup Plum Milk
9 Meatball Sub Chicken Quesadilla Broccoli w/Cheese Baby Carrots Baked Apples Banana Milk	10 Yogurt Power Pack Baked Spaghetti w/Breadstick Garden Salad Green Beans Fruit Sorbet Orange Milk	11 PB&J Sandwich Beef Teriyaki Bites w/Breadstick Mashed Potatoes Glazed Carrots Peach Slices Apple Milk	12 Hamburger/Cheeseburger Hot Dog w/Chili Coleslaw Tater Tots Baked Beans Pineapple Tidbits Pear Milk	13 Retro Pizza (Cheese or Pepperoni) Popcorn Chicken w/Mac N Cheese French Fries Steamed Corn Strawberry Cup Plum Milk
16 Nachos Supreme Pepperoni Calzone Steamed Corn Potato Wedges Applesauce	17 Yogurt Power Pack Chicken Fillet Sandwich French Fries Baked Beans Garden Salad	18 PB&J Sandwich Chicken Pie w/Roll Celery Sticks Green Bean Mashed Potatoes	19 Orange Chicken over Steamed Brown Rice Fish Nuggets w/Hushpuppies Glazed Carrots	20 Retro Pizza (Cheese or Pepperoni) Toasted Cheese Ravioli Marinara Sauce Sweet Peas

Lunch Meal Prices

Reduced.....\$.40
 Paid.....\$2.75

A reimbursable lunch consists of 1 item from each of the 5 groups*:

- 1) Meat/Meat Alternate
- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

*Menu items are subject to change based off of product availability.

*Menus are subject to change based on availability of products. Main line menu items made with whole muscle chicken may also be made with turkey.

Free & Reduced Meal applications can be completed online at:

www.lunchapplication.com

Manage and monitor your student's account at:

www.k12paymentcenter.com

*Independently run from the School Nutrition Program.

If your student has special dietary needs a 2019-20 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.

Davidson County Schools is an equal opportunity employer and provider.

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Banana Milk	Diced Pears Orange Milk	Pineapple Tidbits Apple Milk	Tater Tots Mandarin Oranges Fresh Pear Milk	Broccoli Cheese Soup Fruit Salad Plum Milk
23 Brookwood BBQ Sandwich Chicken Nuggets w/Roll Sweet Potato Casserole Baked Beans Sliced Peaches Banana Milk	24 Pizza Creator Kit Homemade Lasagna w/Breadstick California Blend w/Cheese Tater Tots Fruit Sorbet Orange Milk	25 PB&J Sandwich Corndog Nuggets Steamed Corn Garden Salad Mixed Fruit Cocktail Apple Milk	26 Chicken & Waffle Beef Soft Taco Tater Tots Broccoli w/Cheese Peach Cup Pear Milk	27 Garlic Cheese Bread Hot Ham & Cheese Sandwich Tomato Soup French Fries Applesauce Cup Plum Milk
30 Meatball Sub Chicken Quesadilla Broccoli w/Cheese Baby Carrots Baked Apples Banana Milk				

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