Los Angeles County Office of Education

Serving Students ▪ Supporting Communities ▪ Leading Educators

Head Start - State Preschool

Physical Exam Form

LAST NAME, FIRST NAME, MIDDLE INITIAL OF CHILD	SEX ☐ M ☐ F	DATE OF BIRTH	NAME OF PARENT OR GUARDIAN

DELEGATE AGENCY NAME	SITE NAME

TO BE COMPLETED BY HEALTH CARE PROVIDER

PHYSICAL EXAMINATION ADMINISTERED BY (TYPE OR PRINT NAME)	SIGNATURE

CLINIC/TYPE OF PRACTICE	TELEPHONE NUMBER	DATE OF EXAM

ADDRESS

EXAMINATION RESULTS

HEIGHT	WEIGHT	HEAD CIRCUMFERENCE
inches (%)	lbs/oz (%) BMI for age (%)	

Anticipatory Guidance Provided ☐ Yes ☐ No Fluoride Varnish Applied ☐ Yes ☐ No

EXAM	Normal	Abnormal	EXAM	Normal	Abnormal	EXAM	Normal	Abnormal
Blood Pressure (age 3+)			Mouth/Teeth/ Oral Health Assessment			Genitalia		
Skin						Neurologic		
Head			Throat			Extremities		
Neck			Chest			Motor Ability		
Lymph Nodes			Lungs			Psychological		
Eyes			Heart			Speech		
Ears			Back			Hearing Assessment		
Nose			Abdomen			Vision Assessment		

Vision Acuity (Age 3+)		Right	Left	Both
Date		/	/	/
Test Type				

Hearing Screening (Age 4+)	
Date	
Test Type	

Frequency (Hz)	Right (db)	Left (db)
1000 Hz	dB	dB
2000 Hz	dB	dB
3000 Hz	dB	dB
4000 Hz	dB	dB

Hemoglobin

DATE	HGB(g/dl)	☐ No Risk Anemia

TREATMENT	FOLLOW-UP

Lead

DATE	Lead Level (mcg/dl)	☐ No Risk

Medicaid requires at least one lead level between 24 & 72 months

Screening of TB Risk Factors

☐ **Risk factors NOT present: TB SKIN TEST NOT REQUIRED**

☐ Risk factors present: Mantoux TB skin test performed

DATE GIVEN	RESULTS mm	☐ Non Significant	☐ Significant	DATE READ

DATE OF CHEST X-RAY	☐ Normal	☐ Abnormal	RX DATE

Dyslipidemia Screening

SCREENING ☐ Risk Factors Present ☐ No Risk

Immunizations

GIVEN TODAY ☐ Yes ☐ No

DATE (OR AGE) NEXT PHYSICAL EXAM DUE

Diagnosis/Abnormal Findings	Treatment/Restrictions/Recommendations for School

MEDICATIONS REQUIRED AT SCHOOL

☐ Yes ☐ No (If yes; Physician Authorization Forms Needed)

TYPE OF MEDICATION AND PURPOSE

**RISK FACTORS FOR TB IN CHILDREN:

- Have a family member or contacts with a history of confirmed or suspected TB
- Are in foreign-born families and from high-prevalence countries (Asia, Africa, Central and South America)
- Live in out-of-home placements
- Have, or are suspected to have, HIV infection
- Live with an adult with HIV seropositivity
- Live with an adult who has been incarcerated in the last five years
- Live among, or are frequently exposed to, individuals who are homeless, migrant farm workers, users of street drugs, or residents in nursing homes
- Have abnormalities on chest X-ray suggestive of TB
- Have clinical evidence of TB

Consult with your local health department's TB control program on any aspects of TB prevention and treatment

***California Community Care Licensing Form LIC701*

TO BE COMPLETED BY HEAD START STAFF

NAME OF STAFF COMPLETING 1ST REVIEW	SIGNATURE	POSITION	DATE

NAME OF STAFF COMPLETING 2ND REVIEW	SIGNATURE	POSITION	DATE

Referred for Follow-Up to:

HEALTH	MENTAL HEALTH	DISABILITIES	FAMILY SERVICES	EDUCATION	OTHER

Head Start Follow-Up & Notes

RECEIVED BY (PRINT NAME)	DATE RECEIVED