Mineral Wells High School
Cafeteria
Manager – Tammy Fowler

1% White and Fat Free Chocolate Milk is offered with each meal.

Food Court Menu

School Breakfast and Lunch
For All Students is FREE
Adults $3.00

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	SAUSAGE & BISCUIT W/GRAVY Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	PANCAKE ON A STICK Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	BISCUITS N GRAVY EGG N CHEESE OMELETTE Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	DUTCH WAFFLES W/ BRKFS CHICKEN Powdered or Chocolate Donut YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk	CINNAMON ROLL W/ STRING CHEESE POWDERED OR CHOCOLATE DONUT YOGURT W/ MUFFIN Assorted Cereal w/Honey Grahams Assorted Fruit and Juice, Milk
MAIN EVENT	ASIAN CHICKEN W/ RICE CALIFORNIA BLEND ROMAINE SALAD PINEAPPLE TIDBITS	CHICKEN NUGGETS W/ GRAVY WHIPPED POTATOES SEASONED GREEN BEANS HOT ROLLS SLICED PEACHES	CHICKEN WING DINGS W/ DIP MAC –N– CHEESE BAKED BEANS VEGETABLE SIDEKICKS MANDARIN ORANGES	CHICKEN STRIPS W/ ROLL W/DIPPING SAUCE OR STEAK FINGERS W/ ROLL WHIPPED POTATOES W/GRAVY BROCCOLI W/CHEESE MIXED FRUIT	CRISPITOS W/ CHEESE CUP ROMAINE SALAD SEASONED CORN REFRIED BEANS FRUIT SIDEKICKS
SNACK BAR	BIG DADDY PIZZA HOT WINGS W/RANCH OR BBQ CUP	BIG DADDY PIZZA HOT WINGS W/RANCH OR BBQ CUP	BIG DADDY PIZZA HOT WINGS W/RANCH OR BBQ CUP	SANDWICH PACK HOT WINGS W/RANCH OR BBQ CUP	SPICY CHICKEN SANDWICH ON KOSHER BUN SANDWICH PACK HOT WINGS W/RANCH OR BBQ CUP
ACROSS THE BORDER	ASIAN CHICKEN W/ RICE CALIFORNIA BLEND ROMAINE SALAD PINEAPPLE TIDBITS	CHICKEN NUGGETS W/ GRAVY WHIPPED POTATOES SEASONED GREEN BEANS HOT ROLLS SLICED PEACHES	CHICKEN WING DINGS W/ DIP MAC –N– CHEESE BAKED BEANS VEGETABLE SIDEKICKS MANDARIN ORANGES	BEEF & CHEESE NACHOS MEXI STYLE BEANS SEASONED CORN MIXED FRUIT	CRISPITOS W/ CHEESE CUP ROMAINE SALAD SEASONED CORN REFRIED BEANS FRUIT SIDEKICKS
GRAB-N-GO	CHEESE PIZZA BITES W/ MARINARA OR RANCH CUP ROMAINE SALAD WAFFLE FRIES PINEAPPLE TIDBITS	CHICKEN SANDWICH VEGETABLE CUP W/RANCH CUP TATOR TOTS SLICED PEACHES	CHICKEN WING DINGS W/ DIP MAC –N– CHEESE BAKED BEANS VEGETABLE SIDEKICKS MANDARIN ORANGES	BIG DADDY'S PIZZA OR MINI BURGERS WAFFLE FRIES SEASONED CORN MIXED FRUIT	BEEF & CHEESE BURRITO OR CRISPITOS W/ CHEESE CUP ROMAINE SALAD REFRIED BEANS SEASONED CORN FRUIT SIDEKICKS

Public Notification of Nondiscrimination

It is the policy of Mineral Wells Independent School District not to discriminate on the basis of race, color, nation origin, sex or handicap in its vocation programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.