

F.A.S.T.

athletics

fitness • agility • skills • teamwork



Foxborough Regional Charter School Presents F.A.S.T. Athletics Fall Program

SuperSports: Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Mat Ball, Pillo Polo, Dodge ball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day. Classes will be divided by age group listed below.

Program 1: SuperSports
Grades: K-2
Time: 3:00 - 4:00pm
Date: Tuesdays Nov 5, 12, 19, 26, Dec 3, 10, 17
Location: Elementary Gymnasium
Price: \$79.00 For 7 classes

Program 2: SuperSports
Grades: 3-5
Time: 3:00 - 4:00pm
Date: Tuesdays Nov 5, 12, 19, 26, Dec 3, 10, 17
Location: Elementary Gymnasium
Price: \$79.00 for 7 classes
****5th Grades must transport themselves to Elementary Building****

This Registration Form must be mailed to F.A.S.T. Athletics LLC with Payment at 4 Bodio Circle Milford MA 01757, or you can email application to admin@fastathletics.com and pay online through our website at www.fastathletics.com. Dismissal will be at Door E2 promptly at 4PM. **Application deadline is Oct 23.** PLEASE REGISTER EARLY!!

****Any child that is not picked up by 4:00pm MUST be signed up for the extended day program.***

Child's Name _____ Age _____

Grade _____ Teacher _____

Program Number _____

Address _____

City _____ State _____ Zip _____ Allergies/Special Needs _____

Email _____ Home Phone _____ Emergency Phone _____

Any questions please contact
F.A.S.T. Athletics; 508-377-4778
admin@fastathletics.com

CONSENT AND RELEASE

I the undersigned parent/guardian of _____, a minor, do hereby consent to my child's participation in any and all F.A.S.T. Athletics Programs. I also agree to forever release Foxborough Regional Charter School and F.A.S.T. Athletics from any and all claims, rights of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in F.A.S.T. Athletics programs. I further affirm that I have read this CONSENT AND RELEASE FORM and that I understand the contents of this form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in F.A.S.T. Athletics programs with full knowledge that the release will not be liable to anyone for personal injuries and property damage my child or I may suffer in F.A.S.T. Athletics Programs

Please Sign _____

