

Athletics and Health Sciences - Athletics/Sports Honor Cord

Honor Cord Lead: Tim Martinson

(Updated 9/3/2019)

Student's Name (Print) : _____ Student ID#: _____

4 Requirements

1. Maintain a 3.0 or better in all three years of High School. Attach transcripts of all 3 years

Soph. GPA: _____ Junior GPA: _____ Senior GPA: _____

2. Completion of Course Work

10th grade PE (Lifetime Fitness) Year Completed: _____ Grade: _____

Advanced Human Biology or Medical Anatomy and Physiology Year Completed: _____ Grade: _____

Weight Training 1 or Power Lifting Year Completed: _____ Grade: _____

PE elective Year Completed: _____ Grade: _____

3. Letter in a sport 2 years or letter in two sports (Drill, Cheer, Football, Basketball, Soccer, Baseball, Softball, Track, etc.)

Sport: _____ Year: _____

Sport: _____ Year: _____

All Requirements Completed

Student Signature

Chairperson Signature