

For more information about Eucharistic Adoration or to sign up for a weekly hour of adoration, please contact our Adoration Coordinator:

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*St. Faustina Adoration
Chapel located at*

Church of St. Michael
611 South 3rd Street
Stillwater, MN 55082



Church of St. Michael



***The Tri-Parishes of the
St. Croix Valley***

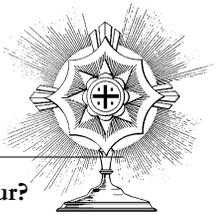
*St. Charles - Bayport
St. Mary - Stillwater
St. Michael - Stillwater*



*Perpetual Eucharistic
Adoration*

Questions & Answers

FAQs about Eucharistic Adoration



Q. What is Perpetual Eucharistic Adoration?

- A. Perpetual Eucharistic Adoration is the continuous adoration of Jesus Christ present body, blood, soul, and divinity in the Eucharist exposed on the altar twenty-four hours a day every day of the week. It is a demonstration of our faith in the words of Jesus, “This is my body, this is my blood.” (Mk 14:23, 24) The most essential tenant of our faith is that Jesus Christ is the Son of God, the Second Person of the Blessed Trinity and He has called us to Himself. “Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in Him shall have eternal life.” (Jn 6:40)

Q. Why does Perpetual Adoration exist?

- A. The Eucharist is God present among us and absolutely no other reason should be necessary to bring us to Him exposed for veneration. However, additionally He has asked you to come to Him, as He is the source of all graces. It is our obligation to worship our Creator and there is no other source for the solution to all the terrible problems confronting ourselves, our families, and the world. Perpetual Eucharistic Adoration exists so that everyone has the maximum possible opportunity to grow spiritually in the life of Our Divine Savior.

Q. How did Perpetual Eucharistic Adoration start in the St. Croix Valley at St. Michael’s?

- A. In the early spring of 1995, a group of parishioners from St. Michael’s visited with the coordinators of Perpetual Eucharistic Adoration at Nativity of Our Lord Parish in St Paul. With the pastor’s approval and after several months of preparation approximately 450 parishioners signed up for one hour a week of Eucharistic Adoration. On Sunday, December 10, 1995, with his Excellency Archbishop Harry Flynn presiding, the devotion was started and continues today.

Q. How long will it continue?

- A. Perpetual Eucharistic Adoration in the St Croix Valley at St. Michael’s will continue as long as a sufficient number of the faithful continue to respond to the Holy Spirit and come at all hours of the day and night so that at least one person is present before the Lord exposed on the altar. There are approximately 400 persons in this apostolate.

Q. Where is Adoration held at St. Michael’s?

- A. The entrance to the Adoration Chapel is located in the Northeast corner of our Solanus Casey Atrium. Those wishing to visit the chapel should park in the back parking lot and enter the doors between the two stone pillars. As you walk up the ramp you will see the Adoration Chapel at the top of the ramp. For security purposes the doors on the ramp are locked each night at 10:00 p.m. and are unlocked at 6:00 a.m. Those who have late night and early morning hours have a code to enter the building.

Q. Who can participate?

- A. Perpetual Eucharistic Adoration is available to anyone who believes in the Eucharistic presence of Jesus Christ. Although it is principally a Catholic devotion, it is open to all who accept Christ’s words, “I Myself Am the living bread come down from heaven.” There are no age restrictions for no one is too young or too old to adore the living Christ. Did not Jesus say, “Come to me all you who are weary and find life burdensome and I will refresh you . . .” (Mr 11:28)

Q. How can I participate?

- A. Participation in Perpetual Eucharistic Adoration most basically, only requires that a person come to the Adoration Chapel and worship Our Lord in the Eucharist. However, agreeing to come one hour each week at a specific time means that you have become a Committee Adorer or, if you join with another Adorer, you can become a Prayer Partner with a built-in substitute. This assures that some one is present with the Lord every hour. Sign up for a specific hour by contacting one of our Adoration Coordinators listed on the cover of this pamphlet.

Q. Must I sign up for a specific hour?

- A. It is not mandatory, but it is highly recommended to insure a continual presence before the Lord. There is greater merit when one makes a commitment to Jesus to come at a specific time, as this will mean a greater sacrifice on the part of the adorer when they put the Lord before all other activities. It is also true that we will remember our obligation and the fact that we are depended upon by our fellow adorers.

Q. Why should I come?

- A. Jesus Christ, God, is as truly present in the Eucharist as He was when He walked upon the earth two thousand years ago. Each moment that you spend in His divine presence will increase His divine life within you. Jesus is the answer to all of our cares, worries and problems, but only if we come to Him. There is no better way, outside of the Holy Sacrifice of the Mass, that we can stay in union with Jesus than Eucharistic Adoration.

Q. How long do I sign up for? What if I can’t “make” my hour? What if I go on vacation?

- A. When you sign up for Perpetual Eucharistic Adoration, we think of it in terms of “perpetual”. However, we do not know the future. Things come up, you may move, sickness, family needs, etc. We encourage you to go for as long as possible. Continuity helps make Adoration an important part of your life. We have a list of substitutes available who can fill in for you if you go on vacation, become sick, have an appointment, or any other conflict. The list of substitutes can be found at the sign-up desk in the chapel. You can also find your own substitute by asking a friend or family member to fill in for you.