

# Farmersville ISD

## High School Jan 2019 Breakfast Menu

Dec 19, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/7/2019  In-Service	Tue - 1/8/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Eggs and Bacon Fruit Punch Apple Juice Orange Juice Peach Cup Jelly Choice of milk	Wed - 1/9/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Farmers Muffin w Ham Apple Juice Orange Juice Fruit Punch Fruit Jelly Choice of milk	Thu - 1/10/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Biscuit, Whole Wheat Sausage Patty Sidekick Fruit Cup Strawberry Cup Country Gravy Jelly Choice of milk	Fri - 1/11/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Frudel Apple Strudel Cinnamon Roll Apple Juice Orange Juice Fruit Punch Applesauce Cup Jelly Choice of milk
Mon - 1/14/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Mini Waffles Eggs & Muffin Apple Juice Orange Juice Fruit Punch Pineapple Tidbits Jelly Warm Syrup Choice of milk	Tue - 1/15/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Breakfast Quesadilla Fruit & Yogurt Granola for Yogurt Apple Juice Orange Juice Fruit Punch Peaches Jelly Salsa Choice of milk	Wed - 1/16/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Sausage/Gravy Bagel Apple Juice Orange Juice Fruit Punch Pineapple Smoothie Pears Jelly Choice of milk	Thu - 1/17/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Biscuit, Whole Wheat Sausage Patty Sidekick Fruit Cup Strawberry Cup Country Gravy Jelly Choice of milk	Fri - 1/18/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Pancake on a Stick Cinnamon Roll Apple Juice Orange Juice Fruit Punch Applesauce Cup Warm Syrup Jelly Choice of milk
Mon - 1/21/2019  HOLIDAY	Tue - 1/22/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast French Toast Sticks Managers Entree Apple Juice Orange Juice Fruit Punch Pineapple Tidbits Warm Syrup Jelly Choice of milk	Wed - 1/23/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Honey Chicken Slider Apple Juice Orange Juice Fruit Punch Pineapple Smoothie Peaches Jelly Choice of milk	Thu - 1/24/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Biscuit, Whole Wheat Sausage Patty Sidekick Fruit Cup Strawberry Cup Country Gravy Jelly Choice of milk	Fri - 1/25/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Chocolate Crescent Cinnamon Roll Apple Juice Orange Juice Fruit Punch Applesauce Cup Jelly Choice of milk
Mon - 1/28/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Blueberry Pancakes Eggs & Muffin Apple Juice Orange Juice Fruit Punch Pineapple Tidbits Jelly Warm Syrup Choice of milk BlueberryPancake Day	Tue - 1/29/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Ham & Cheese(half) Apple Juice Orange Juice Fruit Punch Peaches Jelly Choice of milk	Wed - 1/30/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Breakfast Pizza Apple Juice Orange Juice Fruit Punch Pineapple Smoothie Pears Jelly Choice of milk	Thu - 1/31/2019 Cinnamon Toast Crunc Cocoa Puffs Whole Wheat Toast Biscuit, Whole Wheat Sausage Patty Sidekick Fruit Cup Strawberry Cup Country Gravy Jelly Choice of milk	

This product was funded by USDA. This institution is an equal opportunity provider.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.