

Nellie's Wonderland Child Development Center

4720 West Imperial Hwy
Inglewood, CA 90304

Breakfast
January 2019

310-671-2099
dba571@yahoo.com
TaxID: 95-4092924

Monday	Tuesday	Wednesday	Thursday	Friday
	1 WK4: (Tuesday) CLOSED	2 WK4: (Wednesday) CLOSED	3 WK4: (Thursday) Oatmeal, Fresh Seasonal Fruit, 1% Unflavored Milk	4 WK4: (Friday) (WGR) Blue Berry Chex Mix, Fresh Seasonal Fruit, 1% Unflavored Milk
7 Wk 1: (Monday) (WGR) Cheerios, Fresh Seasonal Fruit, 1% Unflavored Milk	8 Wk 1: (Tuesday) (WGR) Cream of Wheat, Fresh Seasonal Fruit, 1% Unflavored Milk	9 Wk 1: (Wednesday) (WGR) Honey Bunches of Oats, Fresh Seasonal Fruit, 1% Unflavored Milk	10 Wk 1: (Thursday) Oatmeal, Fresh Seasonal Fruit, 1% Unflavored Milk	11 Wk 1: (Friday) (WGR) Blue Berry Chex, Fresh Seasonal Fruit, 1% Unflavored Milk
14 WK2: (Monday) (WGR) Cheerios, Fresh Seasonal Fruit, 1% Unflavored Milk	15 WK2: (Tuesday) (WGR) Cream of Wheat, Fresh Seasonal Fruit, 1% Unflavored Milk	16 WK2: (Wednesday) (WGR) Honey Bunches of Oats, Fresh Seasonal Fruit, 1% Unflavored Milk	17 WK2: (Thursday) Oatmeal, Fresh Seasonal Fruit, 1% Unflavored Milk	18 WK2: (Friday) (WGR) Blue Berry Chex, Fresh Seasonal Fruit, 1% Unflavored Milk
21 WK3: (Monday) CLOSED	22 WK3: (Tuesday) (WGR) Cream of Wheat, Fresh Seasonal Fruit, 1% Unflavored Milk	23 WK3: (Wednesday) (WGR) Honey Bunches of Oats, Fresh Seasonal Fruit, 1% Unflavored Milk	24 WK3: (Thursday) Oatmeal, Fresh Seasonal Fruit, 1% Unflavored Milk	25 WK3: (Friday) (WGR) Blue Berry Chex Mix, Fresh Seasonal Fruit, 1% Unflavored Milk
28 WK4: (Monday) (WGR) Cheerios, Fresh Seasonal Fruit, 1% Unflavored Milk	29 WK4: (Tuesday) (WGR) Cream of Wheat, Fresh Seasonal Fruit, 1% Unflavored Milk	30 WK4: (Wednesday) (WGR) Honey Bunches of Oats, Fresh Seasonal Fruit, 1% Unflavored Milk	31 WK4: (Thursday) Oatmeal, Fresh Seasonal Fruit, 1% Unflavored Milk	

This menu follows the children's meal pattern minimum serving requirements set forth by the Child and Adult Food Program (CACFP) by serving the following portions:

Breakfast: Grain - 1/2 serving bread or muffin or ¼ cup dry cereal or ¼ cup hot cereal; fruit or vegetable- 1/2cup; milk – 3/4 cup 1% unflavored milk	Lunch: Meat- Meat alternate 1.50 oz.; Grain - 1/2 serving bread; Vegetable - 1/4cup; Fruit - 1/4cup; Milk- 3/4cup 1% unflavored milk	Snack (two of the following): Meat/meat alternate – 1/2oz; Grain - 1/2 serving bread or 1/4cup cooked grain; Fruit or vegetable- 1/2cup; Milk- 1/2cup 1% unflavored milk.
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“This institution is an equal opportunity Provider.” Menu is subject to change depending on product availability

1% unflavored milk is served to children 2 and older

Water is freely available through-out the day.

*(WGR) = Whole Grain Rich

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
	1 WK4: (Tuesday)	2 WK4: (Wednesday)	3 WK4: (Thursday) Mac & Cheese, (WGR) Pasta, Mixed Vegetables, Seasonal Fruit, 1% Unflavored Milk	4 WK4: (Friday) CN (WGR) Turkey Corn Dogs, Tater Tots, Sliced Peaches, 1% Unflavored Milk
7 Wk 1: (Monday) Chicken Nuggets, Fries, Seasonal Fruit, 1% Unflavored Milk	8 Wk 1: (Tuesday) Chicken Alfredo (WGR Pasta), Broccoli, Pineapple Chunks, 1% Unflavored Milk	9 Wk 1: (Wednesday) Turkey & Cheese Sandwich (WGR) Bread, Glazed Carrots, Apple Slices, 1% Unflavored Milk	10 Wk 1: (Thursday) Ground Beef, Baked Beans, Garden Salad, (WGR) Bread, 1% Unflavored Milk	11 Wk 1: (Friday) CN (WGR) Corn Dog, Tater Tots, Sliced Peaches, 1% Unflavored Milk
14 WK2: (Monday) Macaroni & Cheese (WGR Pasta), Green Beans, Mixed Seasonal Fruit, 1% Unflavored	15 WK2: (Tuesday) Barbecue Chicken, Mixed Vegetables, (WGR) Garlic Bread, Orange Wedges, 1% Unflavored	16 WK2: (Wednesday) Taco, Ground Beef, Cheese, Lettuce, (WGR) Corn Tortilla, Peaches, 1% Unflavored Milk	17 WK2: (Thursday) Teriyaki Chicken, Brown Rice, Broccoli, Pineapple Chunks, 1% Unflavored Milk	18 WK2: (Friday) Sloppy Joes, Ground Beef, (WGR) Bun, Fries, Mandarin Oranges, 1% Unflavored Milk
21 WK3: (Monday) Fish Sticks, Glazed Carrots, Pineapple Chunks, 1% Unflavored Milk	22 WK3: (Tuesday) Spaghetti, (WGR) Pasta, Ground Beef, Salad, Applesauce, 1% Unflavored Milk	23 WK3: (Wednesday) Beef, Bean & Cheese Burrito (WGR) Flour Tortilla, Seasonal Fruit, 1% Unflavored Milk	24 WK3: (Thursday) Chicken, (WGR) Noodles, Mixed Vegetables, Apple Slices, 1% Unflavored Milk	25 WK3: (Friday) CN (WGR) Corn Dog, Tater Tots, Fresh Seasonal Fruit, 1% Unflavored Milk
28 WK4: (Monday) Fish Sticks, Glazed Carrots, Pineapple Chunks, 1% Unflavored Milk	29 WK4: (Tuesday) BBQ Pulled Chicken, Bun, Corn, Mandarin Oranges, 1% Unflavored Milk	30 WK4: (Wednesday) Chili Beans, Brown Rice, Applesauce, 1% Unflavored Milk	31 WK4: (Thursday) Mac & Cheese, (WGR) Pasta, Mixed Vegetables, Seasonal Fruit, 1% Unflavored Milk	

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USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 WK4: (Tuesday)	2 WK4: (Wednesday)	3 WK4: (Thursday) (WGR) Wheat Thins, Pasteurized full-strength Apple Juice	4 WK4: (Friday) (WRG) Town House Crackers, String Cheese
7 Wk 1: (Monday) Saltine Cracker, String Cheese	8 Wk 1: (Tuesday) Graham Crackers, 1% Unflavored Milk	9 Wk 1: (Wednesday) Pretzel Sticks, 4oz cup apple sauce	10 Wk 1: (Thursday) (WGR) Ritz Crackers, Apple Slices	11 Wk 1: (Friday) Yogurt, Granola
14 WK2: (Monday) Saltine Crackers, String Cheese	15 WK2: (Tuesday) Graham Crackers, 1% Unflavored Milk	16 WK2: (Wednesday) (WGR) Tortilla Chips, Apple Slices	17 WK2: (Thursday) Wheat Thins, Pasteurized Full-Strength Apple Juice	18 WK2: (Friday) Yogurt, Granola
21 WK3: (Monday) Saltine Crackers, String Cheese	Yag WK3: (Tuesday) Chex Mix, Pasteurized full-strength Apple Juice	23 WK3: (Wednesday) Pretzel Sticks, 4 oz cup apple sauce	24 WK3: (Thursday) (WGR) Ritz Crackers, Cheese	25 WK3: (Friday) Vanilla Yogurt, Granola
28 WK4: (Monday) Saltine Crackers, String Cheese	29 WK4: (Tuesday) (WGR) Graham Crackers, 1% Unflavored Milk	30 WK4: (Wednesday) Pretzel Stick, 4 Oz. cup apple sauce	31 WK4: (Thursday) (WGR) Wheat Thins, Pasteurized full-strength Apple Juice	

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