

****This side of the form is REQUIRED to be filled out!**

MT. PLEASANT SCHOOL DISTRICT HEALTH UPDATE

Name of Student _____ Grade _____ Building _____

The following information is needed to plan an appropriate program for your child and to be prepared for any emergency situation should one arise. This confidential information will be shared with school staff on a "need to know basis".

MEDICAL HISTORY (check the ones that apply to your current health)

_____ ADHD: Medication _____ Time taken at home _____ Time taken at school _____
_____ Asthma
_____ Hay Fever
_____ Dental Problems: Orthodontic Braces _____ Other _____
_____ Diabetes
_____ Depression
_____ Hearing Problems
_____ Heart Condition (specify) _____
_____ Hemophilla
_____ Physical Handicap (specify) _____
_____ Seizures
_____ Allergies (specify) _____
_____ Other (specify) _____

LIST MEDICATION NEEDED FOR ASTHMA _____
Do you use an inhaler at school? YES _____ NO _____
Name of inhaler(s) _____

LIST MEDICATIONS TAKEN AT HOME OR SCHOOL _____

FOR WHAT MEDICAL CONDITION IS THE MEDICATION TAKEN? _____

LIST OPERATIONS SINCE BEGINNING OF LAST SCHOOL YEAR _____

LIST ANY INJURIES OR BROKEN BONES EXPERIENCED SINCE BEGINNING OF LAST SCHOOL YEAR AND DATE _____

DO YOU WEAR CONTACT LENSES? YES _____ NO _____ **GLASSES?** YES _____ NO _____

LAST EYE EXAMINATION (Date) _____ **Doctor** _____

LAST DENTAL EXAMINATION (Date) _____ **Dentist** _____

Please see reverse side for medication administration information and Medication Permission Form. Physician and parent/legal guardian signatures are required for prescription medications (including Inhalers and Epi-Pens). Only parent/legal guardian signatures are required for non-prescription medications (Tylenol, Ibuprofen, etc). All medication must be supplied to the school by the parent/legal guardian in the original/current container.

Insurance Provider (Select One):

- _____ Private Insurance
- _____ Medicaid (Title 19)
- _____ Hawk-I
- _____ None

HEALTH PROFESSIONAL COMPLETE THIS PAGE

Child's Name: _____

Birthdate: _____ Age today: _____

Date of Exam: _____

Height/Length: _____ Weight: _____

BMI- starting at age 24 mo. _____

Head Circumference- age 2 yr. and under: _____

Blood Pressure-start @ age 3 yr: _____

Hgb or Hct- @ 12 mo: _____

Lead Risk Assessment: _____

Blood Lead Level: date _____ results _____

Sensory Screening:

Vision Assessment: _____

Vision Acuity: Right eye _____ Left eye _____

Hearing Assessment: Right ear _____ Left ear _____

Tympanometry (may attach results)

Developmental Screening/Surveillance:

(n = normal limits) otherwise describe

Developmental screening results:

Autism screening results:

Psychosocial/behavioral results

Developmental Referral Made Today: Yes No

Exam Results: (n = normal limits) otherwise describe

HEENT

Oral/Teeth

Date of Dental exam _____

Oral Health/Dental Referral Made Today: Yes No

Heart

Lungs

Stomach/Abdomen

Genitalia

Extremities, Joints, Muscles, Spine

Skin, Lymph Nodes

Neurological

Health Care Provider comments:

Allergies

Environmental: _____

Medication: _____

Food: _____

Insects: _____

Other: _____

Immunization: Please attach:

Iowa Department of Public Health
Certificate of Immunization

Iowa Department of Public Health
Certificate of Immunization Exemption Medical

Iowa Department of Public Health
Certificate of Immunization Exemption Religious.

TB testing completed (only for high-risk child)

Medication: Health professional authorizes the child may receive the following medications while at the child care facility: (include over-the-counter and prescribed)

Medication Name

Dosage

Diaper crème:

Fever or Pain reliever:

Sunscreen:

Other

Other Medication should be listed with written instructions for use in child care. Medication forms available at www.idph.iowa.gov/hcci/products

Referrals made:

Referred to **hawk-i** today 1-800-257-8563

Other: _____

Health Provider Assessment Statement:

The child may participate in developmentally appropriate early care/learning with **NO** health-related restrictions.

The child may participate in developmentally appropriate early care/learning **with restrictions** (see comments).

The child has a special needs care plan
Type of plan _____
(please attach)

Signature _____

Circle the Provider Credential Type: MD DO PA ARNP

Address _____

Telephone _____

¹ Iowa Child Care Regulations require an admission physical exam report within the previous year and annually.

The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (Bright Futures 2015)

https://www.aap.org/en-us/Documents/periodicity_schedule.pdf