



ADVANCED PLACEMENT STUDENT INFORMATION FORM

Please complete one sheet per student AND

Return the completed form to your counselor no later than March 21, 2019.

Student last name: _____ Student first name: _____

ID: _____ Grade: _____ Counselor: _____

Check the course and ask your teacher for an online recommendation for the classes in which you would like to enroll:		
<p>Ask your Science teacher for a recommendation for these classes:</p> <ul style="list-style-type: none"> <input type="checkbox"/> AP Biology <input type="checkbox"/> AP Chemistry <input type="checkbox"/> AP Physics 1 <input type="checkbox"/> AP Physics 2 <input type="checkbox"/> AP Physics C <input type="checkbox"/> AP Environmental Science 	<p>No teacher recommendation for these classes:</p> <ul style="list-style-type: none"> <input type="checkbox"/> AP Computer Science <input type="checkbox"/> AP Computer Science Principles <input type="checkbox"/> AP Statistics <input type="checkbox"/> AP Calculus AB <input type="checkbox"/> AP Calculus BC <input type="checkbox"/> AP English Language <input type="checkbox"/> AP English Literature <input type="checkbox"/> AP European History <input type="checkbox"/> AP World History <p><i>(You will meet with your counselor during programming for further details)</i></p>	<p>Ask your Social Science teacher for a recommendation for these classes:</p> <ul style="list-style-type: none"> <input type="checkbox"/> AP United States History <input type="checkbox"/> AP Psychology <input type="checkbox"/> AP Government & Politics* <input type="checkbox"/> AP Macro Economics* <input type="checkbox"/> AP Micro Economics* <input type="checkbox"/> AP Human Geography
<p>Ask your VAPA teacher for a recommendation for these classes:</p> <ul style="list-style-type: none"> <input type="checkbox"/> AP Art History <input type="checkbox"/> AP Music Theory <input type="checkbox"/> AP Drawing <input type="checkbox"/> AP Studio Art 	<p>Ask your World Language teacher for a recommendation for these classes:</p> <ul style="list-style-type: none"> <input type="checkbox"/> AP Chinese Language & Culture <input type="checkbox"/> AP French Language & Culture <input type="checkbox"/> AP Spanish Language & Culture <input type="checkbox"/> AP Spanish Literature & Culture 	

By signing this form, my parents/guardians and I understand the AP guidelines as follows:

1. My parents and I have read the letter explaining the challenges, responsibilities, and rewards of taking AP classes.
2. My parents and I are aware that students should take the AP exam for each class. The cost varies each year and is determined by the College Board.
 - a. My parents and I understand that we must register for exams online through Total Registration.net beginning in November.
 - b. My parents and I understand that families on the free and reduced lunch program can apply for a fee reduction through Total Registration.
3. My parents and I understand that the course grade and AP exam score are earned independently.
4. My parents and I understand that I am enrolling in a two (2) semester class and we understand that I will not be permitted to drop the class any time after Permanent Program Day in the fall semester. If I choose to drop the class after Permanent Program Day, we understand that I will be given a "Drop/Fail" on my transcript and that I will be placed in a CP class.
5. My parents and I understand that class changes for the spring semester can only be made if I earn a grade of a "D" or a "Fail" in an AP class in the fall semester and obtain approval from the appeals committee.
6. My parents and I understand that if I am not recommended by my teacher for an AP course or do not meet the pre-requisites for the course, we must attend a meeting with my counselor. At that meeting, my parent and I will be required to complete "Form 2". My parents and I understand that upon completion of "Form 2", all of the guidelines detailed above will apply to me.
7. As a parent or guardian, to help my student be successful, I have read the information on the back of this form.

Student's Signature

Date

Parent/Guardian's Signature

Date

*Macro or Micro Economics and U.S. Government and Politics can only be taken together, one each semester. Additional information regarding Advanced Placement courses and detailed course descriptions can be found on www.collegeboard.com.



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Parents' Guide: Help your Student be a Successful GHC AP Student

1. Provide quiet structured study time

Help your student to establish a study routine by setting up a quiet study area and a consistent quiet study time each evening. The routine will help them practice good study habits for college. For instance, the study area can be their bedroom, family area, or dining room. If your student is self-motivated and can work steadily without supervision, then a quiet desk space in their bedroom would work. However, if their bedroom is equipped with distractions like gaming or TV, then this might not be conducive to concentrating on homework. It depends on your household and your student. Finally, parents please encourage your student to reduce screen time during study sessions. Studies show that students who text while studying do not retain material as well as those who refrain from texting during study time.

2. Encourage your child to work on their AP course(s) EVERY night

For your student to stay up-to-date in this course they need to spend some time on each of their AP courses every night. Ideally, students should plan to study about 60 to 90 minutes per night for each AP class. Depending on the course, this might include textbook reading, lecture review, lab or writing assignments, and test preparation. Always do the easy assignments first! Doing the easy assignments first will motivate your student and decrease stress.

3. Explore AP Central

Encourage your student to regularly check the College Board website as a starting point for great resources that will help your student succeed in each AP course for which they are enrolled. AP Central has information about AP courses and tests, as well as practice exams and graded FRQs (free response questions).

4. Support Study Groups

Encourage your student to organize or participate in a study group with other students in the class. Each student will have different strengths and weaknesses in this course. In one unit, your student can be the teacher to other students; in a different unit they can be the student. Putting two or more heads together is always beneficial. Students usually learn best when they have to explain concepts to someone else. Keep in mind that study groups and cooperative efforts are strongly encouraged. However, all students are required to craft their own uniquely worded answer for each question on their final written work.

5. Use the GHC Resources

Encourage your student to ask for help and access the resources that GHC provides. GHC provides free on-line tutoring, mock practice exam sessions, and after-school tutoring. An AP class may cause your student to feel stressed, which can be perfectly normal especially during exam time. Help your student notice that sometimes feeling stressed can be motivational, increase focus, and creativity. While stress affects everyone in different ways, there are two major types of stress: stress that is beneficial and motivating — good stress — and stress that causes anxiety and even health problems — bad stress. For more information about stress, how to recognize the differences between good or bad stress, and how to manage stress, go to the GHC website under the Health and Well-Being tab.

6. Don't Panic! Stick with it!

Some parts of AP courses will come more easily than others. Encourage your student to work steadily and not to be discouraged. Success will build as they improve their critical thinking skills and their writing ability through practice. This is a college course and they are working on more than learning a specific subject; they are working on skills that they will use to succeed academically for years to come.