

>> Spring Sports Continued

Track

Coaches: Carlos Sosa csosa@ucboe.us (B),
Gonzalo Rodriguez (G) gorodriguez@ucboe.us

Boys Volleyball

Coach: Linda Antenucci lantenucci@ucboe.us
UCHS (Practice and game location)

THE SPORT SEASONS ARE AS FOLLOWS:

FALL

August 12th → mid November.
Teams qualifying for tournament play may go longer.

WINTER

the Monday after Thanksgiving → the end of February.
Tournament play may be well into March.

SPRING

The first Friday in March 3rd → the first or second week in June.

New Jersey State Interscholastic Athletic Association THE RESPONSIBILITIES OF SPORTSMANSHIP

Title IX Coordinator Contact – cwebster@ucboe.us, su
slaguerre@ucboe.us

The Player....

- 1) Treats opponents with respect
- 2) Plays hard, but plays within the rules
- 3) Exercises self-control at all times, setting the example for others to follow.
- 4) Respects officials and accepts their decisions without gesture or argument.
- 5) Wins without boasting, loses without excuses, and never quits.
- 6) Always remembers that it is a privilege to represent the school and community



Union City High School Jose Marti Freshman Academy

Athletics 2018-19



“Soaring to Academic and Athletic Excellence”

Principal - Mr. Lewis

Assistant Principal of Athletics
(Director of Athletics)
Mrs. Laguerre – UCHS
(201) 330 – 8170 ext. 60713

REQUIREMENTS for ATHLETIC PARTICIPATION:

- 1) Medical clearance through an athletic physical examination;
- 2) Academic clearance through the successful completion of thirty [30] credits a.] at the end of each academic year for Fall and Winter Sports, b.] at the end of the 2nd marking period for Spring Sports.

9th grade students are eligible to tryout for any of the sports listed below, as long as the minimum requirements are met.

Fall Sports

Cheerleading (Fall and Winter)
Coach: Lauren Gordon lgordon@ucboe.us
UCHS (Practice and performances)

Drillettes
Coach: Emma Russo emmarusso@ucboe.us
UCHS (Practice and performances)

Football
Coach: Wil Valdez wvaldez@ucboe.us
Midtown Athletic Complex (Practice & game location)

Boys Soccer
Coach: Bill Shapiro wshapiro@ucboe.us
Laurel Hill (Practice and game location)

Girls Soccer
Coach: Daniel Dixon ddixon@ucboe.us
Midtown Athletic Complex (Practice and game location)

Girls Volleyball
Coach: Amber Butler abutler@sboe.org
UCHS (Practice and game location)

Boys + Girls Cross Country
Coaches: Carlos Sosa (B) csosa@ucboe.us
Scott Emmerling (G) semmerling@ucboe.us
UCHS (Practice location)

Girls Tennis
Coach: Peter Morin pmorin@ucboe.us
UCHS/Washington Park

Winter Sports

Boys Basketball
Coach: Andrew Morano- amorano@ucboe.us
UCHS Gym (Practice and game location)

Girls Basketball
Coach: Carlos Cueto ccueto@ucboe.us
UCHS Gym (Practice and game location)

Boys + Girls Bowling
Coach: Vincent Rubin vrubin@ucboe.us
Coach: Anthony Miele amiele@ucboe.us

UCHS/BowlRite

Boys + Girls Swimming
Coach: Pete Sinagra (G)- psinagra@ucboe.us
Anthony Snarski (B) – asnarski@ucboe.us
JMFA/UCHS

Boys + Girls Indoor Track
Coaches: Carlos Sosa csosa@ucboe.us (B),
Gonzalo Rodriguez (G) gogonzalez@ucboe.us
UCHS (Practice location)

Wrestling
Naveed Khawaja nkhawaja@ucboe.us
UCHS (Practice and match location)

Spring Sports

Baseball
Coach: Francis Benway fbenway@ucboe.us
UCHS (Practice and games)

Softball
Coach: Jim Fontanilla jFontanilla@ucboe.us
Midtown Athletic Complex (Practice and game location)

Boys Tennis
Coach: Peter Morin pmorin@ucboe.us
UCHS/Washington Park