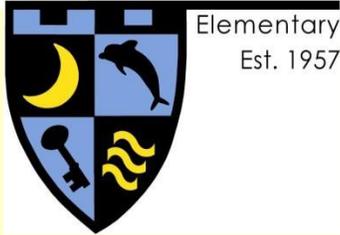


Lunada Bay Bulletin

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Rafael Bernal, Principal

LUNADA BAY



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Upcoming Events

- ◆ 11/2 - Flag Salute
- ◆ 11/5 - Reflections Assembly
- ◆ 11/12 - No School, Veterans Day Observance
- ◆ 11/13 - PTA Meeting 8:30 a.m. in MPR
- ◆ 11/16 - Minimum Day, 12:00 Dismissal for all
- ◆ 11/19 - 11/23 - Thanksgiving Break

Principal's Message

This time of the year presents an opportunity to reflect on and appreciate what we value in life. I have been blessed in my life with an amazing family. I am a proud father of two wonderful children. I am married to a supportive, loving and cheerful wife. My in-laws are incredibly supportive and are always encouraging my wife and me to pursue our ambitions. My parents always remind me that some of life's greatest challenges often lead to the greatest rewards. I am thankful to be a part of such a loving and supportive family.

I also know that I am able to enjoy my time with family due to the sacrifices many others have made in supporting and protecting our way of life, beginning in 1775. It takes courage for a man or woman to risk life and limb for the country. As we observe Veterans' Day this November 12, 2018, I want to thank all the men and women who have bravely served our country. Due to their service, we are all able to enjoy the things in life we value so much.

This Veterans' Day is particularly meaningful because it comes exactly a century from the end of World War I. In fact, what we now know as Veterans' Day was originally called "Armistice Day," and was established to honor what we then thought was the end of the "War to End All Wars." Of course it didn't work out that way. Since November 11, 1918, on the "eleventh day of the eleventh month, at the eleventh hour", hundreds of thousands of Americans have died and been wounded fighting for our country. No one can detract from the real sense of service, sacrifice, and patriotism that led our friends and neighbors, sons and daughters, fathers and mothers to give of themselves.

At Gettysburg, Lincoln (incorrectly, as it turned out) said that people would "little note, nor long remember" what he said. However, in honoring war sacrifice he was perfectly correct in noting that no one could forget what the men and women who bore the battle, did on that field and on others, past and present.

Principal's Message (cont.)



I will end with another Lincoln quote: *“Honor to the soldier and sailor everywhere, who bravely bears his country's cause. Honor, also, to the citizen who cares for his brother in the field and serves, as he best can, the same cause.”*

On this Veterans' Day, one hundred years from when the guns were stilled in France, and less time from our losses at Pearl Harbor, Normandy,

Iwo Jima and Chosin, and even less from those in Vietnam, Desert Storm, Iraq and Afghanistan - among thousands of other places - we should honor those who have bravely borne our country's cause - and that honor should be given, as well, every day of every year.

Thank you,
Rafael Bernal
Principal

Positive Behavioral Interventions & Supports

This year, the teachers and staff at Lunada Bay, along with several other PVPUSD sites, will be trained in Positive Behavior Interventions and Supports (PBIS). Positive Behavior Interventions and Supports is a District or Schools' proactive process for teaching expected social and behavioral skills so the focus can be on teaching and learning. This focus allows students to experience and achieve social competency as well as academic achievement. This is the second year the District has focused on PBIS training and implementation with the aim that all schools will be PBIS Schools.

Three teachers, Colleen Watson, Chris Watson, and Rachel Rush

will join coaches, Angela Disalvo and Rafael Bernal to make up the Lunada Bay PBIS team. Together, the LB PBIS team will examine our existing systems, practices and data to develop a PBIS framework that works specifically for Lunada Bay. The LB PBIS team will meet several times this year to create systems for: teaching expectations, behavioral expectations, consequences for problem behavior, behavioral statement of purpose and a system to reinforce behavior.

There are several principles that guide PBIS. First, the focus of discipline is on academic and behavioral success. PBIS is for all students, all staff and all settings.



Positive Behavioral Interventions & Supports (cont.)

Habit 1 Be Proactive



You're in Charge!

PBIS emphasizes prevention and setting expectations as well as holding kids to those expectations. PBIS is done best when coordinated by a site team who uses data to guide decisions. Finally, and most importantly PBIS is proactive.

Over the last few years, Lunada Bay has worked to develop and understand the whole child. PBIS and Second Step, our Social and Emotional Learning Curriculum,

are two compliments not only to each other because of their proactive nature but to our existing Lunada Bay Philosophy, as well. It is our aim as educators to ensure that we are caring for all of our students' needs as well as providing them with the tools they will need to succeed both socially and academically for years to come.

-Angela Disalvo - Resource Specialist

News from the School Nurse

Flu season is upon us! Here are some Flu prevention tips:

- Wash your hands often with soap and water, when not available use alcohol-based hand gel sanitizers.
- When coughing or sneezing, cover your mouth and nose with a tissue. If you don't have a tissue, cough or sneeze into your elbow/sleeve, not your hands.
- Avoid close contact with people who are sick.
- If you/your child are sick, stay home and away from others as much as possible to protect them from getting sick as well, get plenty of rest and check with your health care provider.
- Get an annual flu shot.

West Nile Virus is here! West Nile virus is spread by bites of infected mosquitoes and spreads during warm weather months when mosquitoes are most active.

People over age 50 and those with health problems are at greater risk of serious illness.

How to prevent West Nile Virus infection:

1. Avoid mosquito bites-use mosquito spray, wipes or lotion when outside. Choose repellent that is Environmental Protection Agency (EPA) registered and contains DEET, Picaridin or IR3535 ingredients.
2. Keep mosquitoes out of your home-maintain your door and window screens in good condition.
3. Get rid of places where mosquitoes lay eggs- mosquitoes can breed in very small amounts of water, even bottle caps.

For more information visit:
www.publichealth.lacounty.gov

-Wendy Burrage, School Nurse



What's Happening

5th grade just finished their first Writer's Workshop Unit on Personal Narrative. Students wrote a small moment story about something important in their lives. The 5th graders brainstormed, planned, drafted, edited and revised their stories over the course of this unit. They learned how to write dialogue, show emotion through action and paint the scene using details. The students were excited to share their personal narrative stories with their parents at their publishing celebration on Thursday.



Traffic Safety

Traffic flows in a one-way pattern around the perimeter of the school.

The area in front of the Kindergarten classrooms on Paseo Lunado is designated by PV Estates as a Loading and Unloading Zone between 8:15 am and 3:30 pm.

NO LEFT TURNS into any parking lot entrance.

NO U-TURNS anywhere around the campus.

