

	<p>Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.</p>					<p>Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk</p>
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target	
Pancake	Pizza Sausage	Chicken Biscuit	Pancake Pup	Morning Sausage Roll	Calories.. 820	
Poptart	Mini Donut	Cereal Bar	Cereal	Honey Bun	Cholesterol...20 mg	
Honey Bun	Honey Bun	Honey Grahams	Honey Grahams	Poptart	Sodium.921 mg	
Fresh Fruit	Fresh Fruit	Honey Bun	Honey Bun	Fresh Fruit	Sugar 70.1	
Juice	Juice	Tater Tots	Fresh Fruit	Juice	Carbohydrates 142.5	
		Juice / Fresh Fruit	Juice			
Pancake	Pizza Bagel	Biscuit/ Grits	French Toast Sticks	Sausage Biscuit	Calories... 999	
Poptart	Cereal Bar	Eggs/ Sausage	Cereal	Mini Donut	Cholesterol...52 mg	
Honey Bun	Honey Bun	Poptart	Honey Grahams	Honey Bun	Sodium.970 mg	
Fresh Fruit	Fresh Fruit	Honey Bun	Honey Bun	Fresh Fruit	Sugar 89.5g	
Juice	Juice	Fresh Fruit	Fresh Fruit	Juice	Carbohydrates 173.8g	
		Juice	Juice			
Breakfast is a two week rotation						
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.			
Georgia Grown	Local wellness policy at www.gocats.org/ schoolnutrition				Local Grown	