



Fall Sports 2018

Cross Country, Football, & Volleyball

August

20 FB, XC, VB Try-Outs/Practice	21 FB, XC, VB Try-Outs/Practice	22 Minimum Day	23 FB, XC, VB Try-Outs/Practice	24 Practice FB, XC, VB **Spirit Night FB**	FAQs Practice 3:10-4:30pm Games 2:45-4:30pm (A late bus is available) Release time for away games is 1:30pm Release time for home games is 2:00pm Athletes must maintain a GPA of 2.0 to be eligible & be in good standing with behavior & homework CLEAN uniforms must be turned in to coaches after school on Monday, 10/29, in order for athletes to participate in future sports & avoid getting billed, if not collected after each game.
27 Practice FB, VB, XC	28 Practice FB, XC, VB	29 Minimum Day	30 Practice FB, XC, VB	31 Practice XC **FOOTBALL CARNIVAL Koligian Stadium	

September

3 No School Holiday	4 Practice FB, XC, VB	5 Minimum Day	6 Practice FB, XC, VB	7 Biola @ Roos FB, XC, VB	CLEAN uniforms must be turned in to coaches after school on Monday, 10/29, in order for athletes to participate in future sports & avoid getting billed, if not collected after each game.
10 Practice FB, XC, VB	11 Practice FB, XC, VB	12 Minimum Day	13 Practice FB, XC, VB	14 Practice FB, XC, VB	
17 Practice FB, XC, VB	18 Practice FB, XC, VB	19 Minimum Day	20 Practice FB, XC, VB	21 Tilley @ Roos FB, XC, VB	
24 Practice FB, XC, VB	25 Practice FB, XC, VB **PICTURE DAY**	26 Minimum Day	27 Practice FB, XC, VB	28 Roos @ Stein FB, XC, VB	

October

1 Practice FB, XC, VB	2 Practice FB, XC, VB	3 Minimum Day	4 Practice FB, XC, VB	5 Roos @ Madison FB, XC, VB	CLEAN uniforms must be turned in to coaches after school on Monday, 10/29, in order for athletes to participate in future sports & avoid getting billed, if not collected after each game.
8 No School Holiday	9 Practice FB, XC, VB	10 Minimum Day	11 Practice FB, XC, VB	12 HK @ Roos VB, XC **Football Practice**	
15 Practice FB, XC, VB	16 Practice FB, XC, VB	17 Minimum Day	18 Practice FB, XC, VB	19 Roos @ HB FB, XC, VB	
22 Practice *FB, XC, *VB	23 Practice *FB, XC, *VB	24 Minimum Day	25 Practice *FB, XC, *VB	26 & 27 Championships @ Koligian/East Campus	

Special Dates (Flyers will be sent home closer to the date of event):

- ❖ Friday, 8/24-Elementary Spirit Night Football Koligian Stadium 5:00 pm
- ❖ Friday 8/31--Football Carnival @ Koligian 3:00-6:00pm
- ❖ Team Photos 9/25 after school, then practice
- ❖ Central Volleyball Tournament TBA
- ❖ Volleyball Spirit Night TBA
- ❖ Friday 10/26- Championship Jamboree Football & Cross Country
- ❖ Saturday 10/27-Championship Jamboree Volleyball

Football & Volleyball practice if we qualify for Championships.
 ALL Cross Country Runners participate in Championships!

	Fall Coaches
Cross Country	Coach Rudy
Football	Coach Barra Coach Grewal
Volleyball	Coach Nelson
Athletic Director	Mrs. Watts brauwatts@centralusd.k12.ca.us