

Moanalua Middle School

APRIL 2019 BREAKFAST

Note: Menus subject to change without notice. All meals include 1/2 pt. milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>B: Breakfast Pork Patty w/Biscuit &amp; Gravy or Cereal &amp; WG Toast Sliced Peaches Cranberries Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>2</p> <p>B: Belgium Waffle with Strawberries or Cereal &amp; WG Toast Mixed Fruits 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>3</p> <p>B: School Made Breakfast Burrito or Cereal &amp; WG Toast Tropical Pineapple 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>4</p> <p>B: WG Pancake w/syrup or Cereal &amp; WG Toast Cantaloupe 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>5</p> <p><b>NO SCHOOL TEACHER'S PROFESSIONAL DEVELOPMENT DAY</b></p>
<p>8</p> <p>B: Pepperoni Pizza Stix or Cereal &amp; WG Toast Orange Wedge 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>9</p> <p>B: Frankfurter &amp; Steamed Rice or Cereal &amp; WG Toast Sliced Peaches 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>10</p> <p>B: WG Pancakes w/Syrup or Cereal &amp; WG Toast Banana Apple Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>11</p> <p>B: Fried Rice &amp; Eggs or Cereal &amp; WG Toast Mixed Fruit 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>12</p> <p>B: Cinnamon Toast &amp; Ham Links or Cereal &amp; WG Toast Pine Chunks Cranberries Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>
<p>15</p> <p>B: Cinnamon &amp; Raisin Bagel w/Cream Cheese or Cereal &amp; WG Toast Pine Chunks 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>16</p> <p>B: Breakfast Quesidilla or Cereal &amp; WG Toast Orange Wedge 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>17</p> <p>B: Greek Yogurt &amp; Cheese Toast or Cereal &amp; WG Toast Papaya &amp; Pine Chunk Fruit Mix 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>18</p> <p>"Aina Pono Menu of the Month" B: Kalo Yogurt Bowl or Breakfast Smoothie &amp; Cinn Toast or Cereal &amp; WG Toast Mixed Fruits &amp; Cranberries Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>18</p> <p>GOOD FRIDAY</p> 
<p>22</p> <p>B: Maple Pancake Wrap or Cereal &amp; WG Toast Slice Peaches Cranberries Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>23</p> <p>B: School Made Fruit Muffin or Cereal &amp; WG Toast Tropical Pineapple 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>24</p> <p>B: Breakfast Chicken Patty and Rice or Cereal &amp; WG Toast Mixed Fruit 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>25</p> <p>B: Portuguese Sausage and Steamed Rice or Cereal &amp; WG Toast Apple Wedge 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>26</p> <p>B: School Made Cinamon Roll or Cereal &amp; WG Toast Pineapple Chunks Orange Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>
<p>29</p> <p>B: Pepperoni Pizza Stix or Cereal &amp; WG Toast Orange Wedge 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>30</p> <p>B: Breakfast Sliders or Cereal &amp; WG Toast Slice Peaches 100% Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>			



Moanalua Middle School

APRIL 2019 LUNCH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>A:&amp;B: Beef Hot Dog in WG Bun Tater Tots Celery &amp; Carrot Sticks, Broccoli Florets Apple Wedge , Shortbread Cookie Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>2</p> <p>A:&amp;B: Popcorn Chicken &amp; Steam Rice Corn,Carrot &amp; Edamame Baby Carrots Pineapple Chunks Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>3</p> <p>A:&amp;B: Beef Stew Steamed Rice &amp; WG Roll House Salad Mixed Fruits Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>4</p> <p>A:&amp;B: Creole Macaroni WG French Roll House Salad Fruit Slushy Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p><b>NO SCHOOL TEACHER'S PROFESSIONAL DEVELOPMENT DAY</b></p>
<p>8</p> <p>A:&amp;B: Beef Hot Dog in WG Bun Baked Beans Rainbow Salad Fruit Slushy Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>9</p> <p>A:&amp;B: Fried Saimen &amp; Egg Roll House Salad Diced Tomatoes Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>10</p> <p>A:&amp;B: Tasty Golden Chix Tenders Rice &amp; Pickled Cabbage Broccoli &amp; Carrots Apple Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>11</p> <p>A:&amp;B: Chili w/Cheese &amp; WG Roll Potato Wedge Celery &amp; Carrot Sticks,Broccoli Orange Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>12</p> <p>A:&amp;B: Pepperoni Pizza Coleslaw Broccoli Florets &amp; Baby Carrots Pineapple Chunks Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>
<p>15</p> <p>A:&amp;B: Chicken Patty on WG Bun Curly Fries Lettuce Leaf Tomato Slice Applesauce Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>16</p> <p>A:&amp;B: Turkey Pastrami Sandwich House Salad Baby Carrots Diced Pears Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>17</p> <p>A:&amp;B: Popcorn Chicken &amp; Mash Corn,Carrot &amp; Edamame Apple Wedge Fruited Muffin Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>18</p> <p>A:&amp;B: Teri Cheese Burger Baked Beans House Salad Baby Carrots Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p><b>GOOD FRIDAY</b></p> 
<p>22</p> <p>A:&amp;B: Cheesy Chili Tots WG Biscuit Celery &amp; Carrot Stick, Broccoli Apple Wedge Shortbread Cookie Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>23</p> <p>A:&amp;B: Vegetarian Pizza House Salad Mixed Fruit Apple Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>24</p> <p>A:&amp;B: BBQ Pork Sandwich Potato Wedge House Salad Fruit Slushy Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>25</p> <p>A:&amp;B: Tasty Chicken Tenders&amp; Rice Corn,Carrots &amp; Edamame Baby Carrots Pineapple Chunks Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>26</p> <p>A:&amp;B: Oven Baked Chicken Whipped Potato Corn Orange Wedge Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>
<p>29</p> <p>A:&amp;B: Popcorn Chicken Steamed Rice Baked Beans Rainbow Salad Fruit Slushy Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>	<p>30</p> <p>A:&amp;B: Bar-BQ Pork Patty Sandwich House Salad Diced Tomatoes Fruit Juice Choice of: 1% Fat Free Milk or Fat Free Skim Chocolate Milk</p>			