

## **Family Life Education Summary**

**Grade:** Eighth Grade

### **Objectives:**

The student will demonstrate ability to:

- Compare and contrast the current and historical role of marriage and the family in community and society.
- Discuss changes in family structures and the forces that influence change.
- Analyze how relationships evolve over time, focusing on changes in friendships, family, dating relationships, and lifetime commitments such as marriage.
- Discuss factors that enhance and sustain loving, healthy relationships.
- Describe how various cultures date or select life partners.
- Differentiate among affection, love, commitment, and sexual attraction.
- Discuss the influence of hormones, heredity, nutrition, and the environment on the physical, social, and emotional changes that occur at puberty.
- Analyze internal and external pressures to become sexually active.
- Describe the physical, emotional, and social benefits of sexual abstinence and develop strategies to resist pressures to become sexually active.
- Discuss the potential short/long term physical, emotional, and social impacts of adolescent sexual activity.
- Analyze how certain behaviors place one at greater risk for HIV/AIDS, STDs, and unintended pregnancy.
- Compare and contrast methods of contraception, risk reduction, and risk elimination and explain how reliability, religious beliefs, age, gender, health history, and cost may influence their use.
- Discuss topics regarding orientation.
- Discuss the importance of routine healthcare procedures such as breast self examination and testicular examination.
- Describe fertilization and each stage of embryonic and fetal development.
- Discuss the signs and symptoms of pregnancy and explain how a pregnancy is confirmed.
- Analyze the physical and emotional changes that occur during each stage of pregnancy, including the stages of labor and childbirth.
- Discuss the importance of regular prenatal care to help prevent complications that may occur during pregnancy and childbirth.
- Describe the potential impact of alcohol, tobacco, other drugs, medicine, diseases, and environmental hazards on prenatal and postnatal development.
- Describe the physical, economic, emotional, social, cultural, and intellectual responsibilities of parenthood.
- Describe effective parenting strategies and resources for help with parenting.
- Analyze the challenges and responsibilities of being a teen mother and/or teen father.

**Resources:**

- Worksheet: Trends In Marriage
- Worksheet: Well-Adjusted And Healthy
- Maturity And Commitment
- Worksheet: Marriage Customs
- Worksheet: If You Are In Love
- Worksheet: What's The Difference
- Worksheet: Commitment
- Why Do I Feel This Way
- Worksheet: Everything You Always Wanted To Know
- Worksheet: Why Do People Have Sex
- Worksheet: Abstinence
- Worksheet: Reasons Not To Have Sex
- Worksheet: Who Takes Responsibility
- Worksheet: Double Dipping (Strand B, 1)
- Worksheet: And The Band Played On, 16-18
- Permission Slip: And The Band Played On
- Worksheet: Reasons Not To Have Sex
- Worksheet: Risk Continuum
- Worksheet: Being Responsible
- Worksheet: Taking Care
- Worksheet: Prenatal Care
- Worksheet: Teen Pregnancy, 25
- Worksheet: What If...
- Video: And the Band Played on