


Franklin Towne Charter Elementary January 2019 Breakfast Menu

Food Service Director: Melissa Lichtner
mlichtner@franklintowne.org
215-289-5000 ext. 1005



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School	2 Sausage Egg and Cheese on a Warm Bagel Chilled Juice or Fruit Low Fat Milk	3 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	4 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk
7 Pancake Sausage Wrap Chilled Juice or Fruit Low Fat Milk	8 Golden Waffles with Syrup Chilled Juice or Fruit Low Fat Milk	9 Scrambled Eggs, Sausage & Toast Chilled Juice or Fruit Low Fat Milk	10 Warm, Frosted Cinnamon Bun Chilled Juice or Fruit Low Fat Milk	11 Goody Ring Chilled Juice or Fruit Low Fat Milk
14 Cheese Omelet Chilled Juice or Fruit Low Fat Milk	15 Breakfast Taco– Egg and Cheese Chilled Juice or Fruit Low Fat Milk	16 Sausage Egg and Cheese on a Warm Bagel Chilled Juice or Fruit Low Fat Milk	17 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	18 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk
21 No School	22 Golden Waffles with Syrup Chilled Juice or Fruit Low Fat Milk	23 Scrambled Eggs, Sausage & Toast Chilled Juice or Fruit Low Fat Milk	24 Warm, Frosted Cinnamon Bun Chilled Juice or Fruit Low Fat Milk	25 Goody Ring Chilled Juice or Fruit Low Fat Milk
28 Cheese Omelet Chilled Juice or Fruit Low Fat Milk	29 Breakfast Taco– Egg and Cheese Chilled Juice or Fruit Low Fat Milk	30 Sausage Egg and Cheese on a Warm Bagel Chilled Juice or Fruit Low Fat Milk	31 Cinnamon French Toast Sticks with Syrup Chilled Juice or Fruit Low Fat Milk	2/1 Fluffy Pancakes with Syrup Chilled Juice or Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Banana or Blueberry Muffins
Chocolate Chip Oatmeal Breakfast Bar
Warm Grab & Go Breakfast Sandwiches
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.75
Reduced \$3.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE