Resources for Children/Adolescents

If you need IMMEDIATE help, call 911.

**Community Hotlines**
Didi Hirsch Suicide Prevention Hotline  
(877) 727-4747 (24 hours)
National Suicide Prevention Lifeline  
(800) 273-TALK (8255) (24 hours)
Trevor Lifeline (866) 488-7386 (24 hours)
Teen Line (800) 852-8336 (6pm-10pm daily)

**Text and Chat Resources**
Crisis Text Line – Free, 24/7, confidential  
Text LA to 741741
Crisis Chat (11am-11pm, daily)  
http://www.crisischat.org/chat
Teen Line - text “TEEN” to 839863 (6pm-10pm)

**Online Resources**
http://www.didihirsch.org/  
http://www.thetrevorproject.org/  
http://teenline.org/  
http://www.afsp.org/understanding-suicide

**Smartphone Apps**
MY3  
Teen Line Youth Yellow Pages

For information about suicide safety and reporting concerns, please visit
http://suicideprevention.lausd.net