

**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Feb 1, 2019 thru Feb 1, 2019**

MIDDLE SCHOOL CYCLE 1

Generated on: 1/10/2019 12:58:30 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/01/2019																
MIDDLE SCHOOL CYCLE 1	Total	2000														
BREADED CHICKEN SANDWICH	SANDWIC	500	400	30	760	4.00	3.60	120.0	0	1.2	*N/A*	18.0	38.0	19.5	5.00	0.00
MACARONI AND CHEESE	2/3 CUP	500	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
Spicy Chicken Tenders	3 pieces	1000	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	15.0	17.0	15.0	2.50	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
SQUASH, YELLOW-COOKED	1/2 CUP	1000	35	0	84	*1.67	*0.33	*17.2	*241	*4.83	*0	*1.73	*3.75	1.61	0.00	0.00
FRUIT COCKTAIL-LIBBY'S-GLA ZIER	1/2 CUP	1000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
ROLL-COUNTRY HOME BAKERS	ROLL	1000	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI NG PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			597	34	1158	*8.04	*2.97	*434.8	*7334	*14.65	*18	*29.11	*81.56	19.13	4.74	*0.00
% of Calories											*12.0%	*19.5%	*54.6%	28.8%	7.1%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			597	34	1158	*8.04	*2.97	*434.8	*7334	*14.65	*18	*29.11	*81.56	19.13	4.74	*0.00
											*26.9%	*19.5%	*54.6%	28.8%	7.1%	*0.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

**Feb 1, 2019 thru Feb 1, 2019**

MIDDLE SCHOOL CYCLE 1

Generated on: 1/10/2019 12:58:30 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*									
Calories	597		600 - 700														
Cholesterol (mg)	34																
Sodium 1 (mg)	1158		1360														
Sodium 2 (mg)	1158		1035														
Fiber (g)	8.04				Missing												
Iron (mg)	2.97				Missing												
Calcium (mg)	434.8				Missing												
Vitamin A (IU)	7334				Missing												
Sugars (g)	18	11.97%			Missing												
Vitamin C (mg)	14.65				Missing												
Protein (g)	29.11	19.49%			Missing												
Carbohydrate (g)	81.56	54.60%			Missing												
Total Fat (g)	19.13	28.81%															
Saturated Fat (g)	4.74	7.15%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing												

\*Data comparisons are not available for one or two day selections

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/04/2019																
MIDDLE SCHOOL CYCLE 2	Total	2000														
Tangerine Chicken	225		400	75	910	*2.00	2.88	40.0	0	0.0	*N/A*	27.0	39.0	16.0	3.50	*0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	500	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1/2 cup	1500	68	0	201	0.02	0.44	0.5	63	3.81	*0	1.01	11.74	1.36	0.24	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
GREEN BEANS: canned,cooked	1/2 CUP	1000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			513	40	940	*7.67	2.66	*250.5	1325	*45.58	*23	*20.33	87.09	10.79	2.75	*0.00
% of Calories											*17.7%	*15.9%	67.9%	18.9%	4.8%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Tue - 02/05/2019																
MIDDLE SCHOOL CYCLE 2	Total	2000														
CHICKEN SPAGHETTI	1 CUP	250	260	62	865	1.43	0.70	*218.0	398	*8.4	*1	19.96	20.36	10.96	4.31	*0.17
CHEESE PIZZA MINIS, WG	1 EA	500	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
MEATBALL SUB -ROMANI*	SUB	500	482	54	*685	3.04	4.99	219.7	282	8.0	*0	21.11	49.08	20.59	8.48	0.29
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
RICE CRISPIES TREATS	1 EACH	2000	111	0	105	0.06	4.04	1.5	589	8.4	*1	1.16	21.78	2.24	0.43	*0.00
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			671	*33	*878	*12.65	*7.90	*363.7	*9425	*81.84	*29 *17.5%	25.76 15.4%	118.72 70.8%	13.71 18.4%	4.50 6.0%	*0.10 *0.1%
Nutrient Guideline			600-700		1360										<10.00	

Wed - 02/06/2019																
MIDDLE SCHOOL CYCLE 2	Total	2000														
Frito Pie	1/2 cup	500	319	27	553	4.57	2.52	118.2	766	10.96	*1	13.14	29.11	16.65	3.60	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
GRILLED CHICKEN SANDWICH	1 EA	500	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			565	35	904	10.98	*3.77	370.8	12366	*67.26	*27 *19.0%	22.93 16.2%	96.66 68.4%	11.24 17.9%	3.72 5.9%	*0.00 *0.0%
Nutrient Guideline			600-700		1360										<10.00	

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Feb 4, 2019 thru Feb 8, 2019**

MIDDLE SCHOOL CYCLE 2

Generated on: 1/10/2019 12:59:15 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/07/2019																
MIDDLE SCHOOL CYCLE 2	Total	2000														
TACOS-BEEF	SERVINGS	500	533	*85	*482	*4.32	*3.65	*236.9	*529	*3.98	*0	*26.85	*38.57	*30.63	*11.29	*0.00
TACO SALAD-VISD	SERVINGS	250	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SPANISH RICE	.50 CUP	1000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	1/2 CUP	1000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	1000	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	1000	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			653	*37	*730	*13.03	*4.45	*487.2	*2100	*68.21	*25	*28.35	*104.01	*16.46	*5.27	*0.00
% of Calories											*15.3%	*17.4%	*63.7%	*22.7%	*7.3%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

Fri - 02/08/2019																
MIDDLE SCHOOL CYCLE 2	Total	2000														
CHEESEBURGER ON A BUN	1 EACH	500	285	48	665	3.00	3.60	195.0	300	0.0	*N/A*	23.5	29.0	8.5	3.75	0.00
CORN DOG:Turkey Jumbo State F	1 EACH	500	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
TURKEY WRAP	1 each	1000	375	63	1240	1.73	3.65	271.1	516	3.11	*1	26.57	23.68	14.88	4.90	*0.17
SWEET POTATO FRIES STRAI	1/2 C	1000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
BURGER SALAD	1/2 cup	1000	16	0	695	1.34	0.46	58.2	1919	6.23	2	0.87	3.32	0.32	0.08	0.00
FRUIT COCKTAIL-LIBBY'S-GLA ZIER	1/2 CUP	2000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			653	57	1717	7.88	4.63	473.5	2676	*30.77	*30 *18.1%	30.74 18.8%	91.56 56.1%	17.78 24.5%	4.81 6.6%	*0.08 *0.1%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			611	*40	*1034	*10.44	*4.68	*389.1	*5579	*58.73	*27 *39.3%	*25.62 *16.8%	*99.61 *65.2%	*14.00 *20.6%	*4.21 *6.2%	*0.04 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	611		600 - 700	100%				
Cholesterol (mg)	40				Missing			
Sodium 1 (mg)	1034		1360		Missing			
Sodium 2 (mg)	1034		1035		Missing			
Fiber (g)	10.44				Missing			
Iron (mg)	4.68				Missing			
Calcium (mg)	389.1				Missing			
Vitamin A (IU)	5579				Missing			
Sugars (g)	27	17.47%			Missing			
Vitamin C (mg)	58.73				Missing			
Protein (g)	25.62	16.77%			Missing			
Carbohydrate (g)	99.61	65.20%			Missing			
Total Fat (g)	14.00	20.61%			Missing			
Saturated Fat (g)	4.21	6.20%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.04	0.05%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Mon - 02/11/2019																	
MIDDLE SCHOOL CYCLE 3																	
	Total	2000															
	Spicy Chicken Tenders	3 pieces	500	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	15.0	17.0	15.0	2.50	0.00	
	BREADED BEEF FINGERS	4 EA	1000	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
	GRILLED CHICKEN SANDWICH	1 EA	500	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
	MASHED POTATOES-SIMPLOT	1/2 CUP	500	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
	GREEN BEANS: canned,cooked	1/2 CUP	1000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
	PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
	FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
	BAKED CHIPS-VARIETY	1BAG	2000	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
	GRAVY, MIX-FAT FREE-MORRI SON	1 tbspc	1000	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
	CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
	CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	CONDIMENTS, SALAD DRESSI NG PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
	MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
	Weighted Daily Average			692	48	1252	6.87	*3.38	*331.2	*713	*24.68	*6	27.43	88.02	23.39	6.46	*0.00
	% of Calories										*3.3%	15.9%	50.9%	30.4%	8.4%	*0.0%	
	Nutrient Guideline			600-700		1360										<10.00	

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Feb 11, 2019 thru Feb 15, 2019**

MIDDLE SCHOOL CYCLE 3

Generated on: 1/10/2019 12:59:44 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/12/2019																
MIDDLE SCHOOL CYCLE 3	Total	2000														
PIZZA POCKETS	SERVINGS	500	364	*67	*418	*2.21	*3.26	*162.3	*175	*2.07	*0	*27.11	*29.98	*14.54	*5.84	*0.00
WG MOZZARELLA STICKS (RICH'S)	5 EA	500	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
HAM / CHEESE CROISSANT	1 EACH	300	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	1000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSO FOOD S:RICH	1SLICE	500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	500	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	500	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			499	*40	*822	*8.27	*4.43	*450.3	*7211	*156.18	*11	*27.50	*70.39	*14.31	*5.68	*0.04
% of Calories											*8.6%	*22.1%	*56.5%	*25.8%	*10.3%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/13/2019																
MIDDLE SCHOOL CYCLE 3	Total	2000														
BEANS & FRANKS	.75 CUP	300	278	34	1105	5.01	4.37	93.7	103	*4.15	*11	11.38	28.71	14.15	4.86	*0.00
HAMBURGER	SERVING	800	250	40	470	3.00	3.60	120.0	100	0.0	*N/A*	21.0	28.0	6.5	2.50	0.00
Chef Salad W/Chicken& Crackers	1 ea	500	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	1000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN ER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
ROLL-COUNTRY HOME BAKERS	ROLL	1000	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			630	41	1197	9.48	*6.05	301.1	7899	*38.46	*11	27.01	101.20	14.42	3.39	*0.43
% of Calories											*6.7%	17.1%	64.2%	20.6%	4.8%	*0.6%
Nutrient Guideline			600-700		1360										<10.00	

Thu - 02/14/2019																
MIDDLE SCHOOL CYCLE 3	Total	2000														
CHILI CON CARNE W/ BEANS	1/2 CUP	1000	178	43	170	2.15	2.79	42.4	545	6.63	*3	14.14	8.23	9.97	3.70	*0.55
BEAN &CHEESE BURRITO/KID	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SMART																
CHICKEN FAJITAS	1 EACH	500	388	60	553	3.05	2.47	90.1	349	6.65	*11	23.59	38.83	15.27	3.27	*0.03
SPANISH RICE	.50 CUP	1000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
REFRIED BEANS	1/2 CUP	500	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SPINACH SALAD*	1 CUP	1000	160	*0	*26	*1.28	*1.54	*37.1	*2817	*25.35	*6	*1.08	*8.05	*13.71	*0.02	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CORNBREAD	1 each	1000	250	27	169	1.28	1.91	63.3	160	0.52	*5	6.08	36.11	8.78	1.30	*0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			743	*58	*866	*9.71	*5.96	*366.2	*2264	*30.62	*16 *8.6%	*32.41 *17.4%	*96.84 *52.1%	*26.54 *32.1%	*5.01 *6.1%	*0.28 *0.3%
Nutrient Guideline			600-700		1360										<10.00	

Fri - 02/15/2019																
MIDDLE SCHOOL CYCLE 3																
	Total															
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
MACARONI AND CHEESE	2/3 CUP	300	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
BREADED CHICKEN SANDWICH	SANDWIC	800	400	30	760	4.00	3.60	120.0	0	1.2	*N/A*	18.0	38.0	19.5	5.00	0.00
FRENCH FRIES	SERVING	1000	120	0	20	2.00	0.36	0.0	0	6.0	*N/A*	2.0	20.0	3.5	1.00	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZIER	1/2 CUP	1000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			528	29	1006	6.33	2.99	387.8	7048	*15.32	*17 *12.8%	22.11 16.7%	74.07 56.1%	17.03 29.0%	5.28 9.0%	*0.00 *0.0%
Nutrient Guideline			600-700		1360										<10.00	

Weighted Average			618	*43	*1029	*8.13	*4.56	*367.3	*5027	*53.05	*12 *17.5%	*27.29 *17.7%	*86.10 *55.7%	*19.14 *27.9%	*5.17 *7.5%	*0.15 *0.2%
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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**Victoria I.S.D.**

**Feb 11, 2019 thru Feb 15, 2019**

Base Menu Spreadsheet

MIDDLE SCHOOL CYCLE 3

Portion Values - Detailed

Page 5

Generated on: 1/10/2019 12:59:45 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	618		600 - 700		100%												
Cholesterol (mg)	43					Missing											
Sodium 1 (mg)	1029		1360			Missing											
Sodium 2 (mg)	1029		1035			Missing											
Fiber (g)	8.13					Missing											
Iron (mg)	4.56					Missing											
Calcium (mg)	367.3					Missing											
Vitamin A (IU)	5027					Missing											
Sugars (g)	12	7.76%				Missing											
Vitamin C (mg)	53.05					Missing											
Protein (g)	27.29	17.65%				Missing											
Carbohydrate (g)	86.10	55.70%				Missing											
Total Fat (g)	19.14	27.85%				Missing											
Saturated Fat (g)	5.17	7.52%	<10.00%			Missing											
Trans Fat <sup>1</sup> (g)	0.15	0.22%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/18/2019																
MIDDLE SCHOOL CYCLE 4	Total	2000														
SWEET & SOUR CHICKEN	SV	500	291	0	724	1.71	3.18	86.5	763	5.94	*N/A*	18.61	31.72	9.72	0.56	*0.05
CORN DOG:Turkey Jumbo State F	1 EACH	500	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1/2 cup	1000	68	0	201	0.02	0.44	0.5	63	3.81	*0	1.01	11.74	1.36	0.24	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
CHERRY TOMATO W/CELERY STICK	1/2 Cup	1000	110	0	54	3.48	*0.06	*12.0	*135	*0.93	*0	3.21	18.89	3.05	0.01	*0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			509	31	934	5.98	*2.51	*257.4	*1104	*27.14	*9	*21.25	80.13	12.05	2.38	*0.01
% of Calories											*6.9%	*16.7%	63.0%	21.3%	4.2%	*0.0%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/19/2019																
MIDDLE SCHOOL CYCLE 4	Total	2000														
SPAGHETTI AND MEAT SAUCE	1 CUP	500	348	52	501	2.58	4.22	55.4	264	5.46	*4	20.93	37.37	12.37	4.56	*0.66
CHEESE PIZZA MINIS, WG	1 EA	800	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
FRENCH BREAD PIZZA	1 Ea	500	330	20	600	3.00	0.00	0.0	0	0.0	*N/A*	17.0	30.0	15.0	6.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	1500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			680	*39	1099	*12.75	*4.87	*340.3	*8624	*53.78	*17	30.87	108.71	16.98	6.20	*0.29
% of Calories											*10.3%	18.1%	63.9%	22.5%	8.2%	*0.4%
Nutrient Guideline			600-700		1360										<10.00	

Wed - 02/20/2019																
MIDDLE SCHOOL CYCLE 4	Total	2000														
CHEESEBURGER POCKET	1 each	500	491	*140	846	*0.85	3.73	158.6	*226	*0.48	*0	41.09	15.34	28.09	11.95	*0.17
CHEF SALAD-HAM W/ CROUTONS	SERVING	250	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
JUICE, VARIETY FRUIT P.C.- VIT ER	CONTAIN	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CHOCOLATE CHIP-OTIS SPUN KMEYER	1 EACH	2000	130	5	95	1.00	0.72	0.0	100	0.0	*N/A*	1.0	17.0	6.0	2.00	*N/A*
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
BREADED BEEF FINGERS	4 EA	500	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
Weighted Daily Average			647	*62	713	*7.77	*3.96	308.8	*9782	*41.92	*15	26.81	85.19	21.74	8.15	*0.04
% of Calories											*9.3%	16.6%	52.6%	30.2%	11.3%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/21/2019																
MIDDLE SCHOOL CYCLE 4	Total	2000														
NACHOS WITH GROUND BEEF	1/3 cup	250	309	38	560	0.93	1.22	218.9	812	*0.39	*1	15.98	14.72	20.68	8.45	*0.40
TACO SALAD-VISD	SERVINGS	500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
TAMALES, PORK: LABATT FOOD	4 EACH	300	532	42	1039	10.21	0.00	0.0	394	0.0	*N/A*	21.28	51.19	28.94	6.53	0.30
SPANISH RICE	.50 CUP	1000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	1/2 CUP	1000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	500	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	500	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			528	*35	*750	*8.19	*2.94	*377.7	*1591	*29.07	*8	*25.60	*73.14	*15.91	*4.84	*0.10
% of Calories											*5.9%	*19.4%	*55.4%	*27.1%	*8.2%	*0.2%
Nutrient Guideline			600-700		1360										<10.00	

Fri - 02/22/2019																
MIDDLE SCHOOL CYCLE 4	Total	2000														
Broccoli Cheese Soup	6 oz	250	204	37	594	1.00	0.00	390.0	445	11.0	*N/A*	13.0	14.0	11.0	6.00	0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	800	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
TATER TOTS,FRZ,PREP SIMPL OT	1/2 cup	1000	227	0	400	2.67	0.48	0.0	0	6.4	*N/A*	2.67	25.33	13.33	2.00	0.00
GREEN BEANS (CUT)-ALLENS	1/2 CUP	1000	35	0	380	3.00	1.80	40.0	500	2.4	*N/A*	2.0	7.0	0.0	0.00	0.00
CANDIED APPLES	1/4 cup	1000	42	0	19	1.27	0.07	3.3	29	2.44	9	0.44	10.86	0.09	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
BAKED POTATO EXTRA CHEESE	1 EACH	500	438	51	544	4.44	2.26	564.9	913	19.4	*2	21.46	44.85	19.12	10.57	*0.00
DELI SANDWICH	1 each	500	234	43	947	3.00	2.37	*153.7	196	0.48	*N/A*	22.28	22.79	7.57	2.63	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			576	46	1379	7.45	3.47	*472.0	1091	*21.68	*11 *7.4%	27.47 19.1%	72.95 50.7%	21.22 33.2%	6.93 10.8%	*0.00 *0.0%
Nutrient Guideline			600-700		1360											<10.00

Weighted Average			588	*43	*975	*8.43	*3.55	*351.2	*4438	*34.72	*12 *18.3%	*26.40 *18.0%	*84.03 *57.2%	*17.58 *26.9%	*5.70 *8.7%	*0.09 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	588		600 - 700	98%		12		Correction Required - Calories are Low
Cholesterol (mg)	43				Missing			
Sodium 1 (mg)	975		1360		Missing			
Sodium 2 (mg)	975		1035		Missing			
Fiber (g)	8.43				Missing			
Iron (mg)	3.55				Missing			
Calcium (mg)	351.2				Missing			
Vitamin A (IU)	4438				Missing			
Sugars (g)	12	8.12%			Missing			
Vitamin C (mg)	34.72				Missing			
Protein (g)	26.40	17.96%			Missing			
Carbohydrate (g)	84.03	57.16%			Missing			
Total Fat (g)	17.58	26.91%			Missing			
Saturated Fat (g)	5.70	8.72%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.09	0.13%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/25/2019																
MIDDLE SCHOOL CYCLE 1	Total	2000														
CHICKEN FRIED STEAK SANDWICH	SANDWIC	250	491	45	793	4.02	5.42	100.6	0	0.0	*N/A*	23.06	54.26	22.53	8.01	*0.00
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
TURKEY WRAP	1 each	500	375	63	1240	1.73	3.65	271.1	516	3.11	*1	26.57	23.68	14.88	4.90	*0.17
MASHED POTATOES-SIMPLOT	1/2 CUP	800	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
SPINACH: frozen,boiled	1/2 CUP	800	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	2000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GRAVY, MIX-FAT FREE-MORRISON	1 tbsp	500	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
CONDIMENT, KETCHUP PACKET-SYSC	3 EACH	1000	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACKET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			493	31	1120	6.33	3.42	305.9	5264	*41.00	*12 *9.6%	19.27 15.7%	75.68 61.5%	12.60 23.0%	3.81 7.0%	*0.04 *0.1%
Nutrient Guideline			600-700		1360											<10.00

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**Victoria I.S.D.**

Base Menu Spreadsheet

Portion Values - Detailed

**Feb 25, 2019 thru Feb 28, 2019**

MIDDLE SCHOOL CYCLE 1

Generated on: 1/10/2019 1:01:03 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/26/2019																
MIDDLE SCHOOL CYCLE 1	Total	2000														
LASAGNA WITH GROUND BEEF	SERVINGS	1000	282	39	326	2.60	2.96	301.4	849	9.43	*3	18.68	27.87	10.24	5.58	*0.25
HAM / CHEESE CROISSANT	1 EACH	200	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
WG MOZZARELLA STICKS (RI CH'S)	5 EA	500	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	500	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	1000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSO FOOD S:RICH	1SLICE	1000	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	1000	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
RANCH DRESSING	1/8 CUP	800	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			588	*43	930	*10.60	*5.22	*547.4	*7798	*170.91	*17	*29.26	86.34	16.64	7.19	*0.21
% of Calories											*11.7%	*19.9%	58.7%	25.5%	11.0%	*0.3%
Nutrient Guideline			600-700		1360										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/27/2019																
MIDDLE SCHOOL CYCLE 1	Total	2000														
CHILI BEEF MAC	1CUP SE R VING	500	350	*77	880	*1.48	2.96	197.2	*530	*12.7	*1	25.16	25.19	16.07	7.15	*0.18
SUNBUTTER&JELLY W/ STRIN G CHEE	1 SAND WICH	500	463	13	573	6.94	4.84	643.2	201	0.0	*3	18.98	48.85	22.48	5.51	0.02
Chef Salad W/Chicken& Crackers	1 ea	300	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1500	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI GHT-SI	1/2 C	500	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN ER	2000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	3 EACH	500	30	0	300	0.00	0.00	0.0	300	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			628	*38	888	*8.87	*4.67	487.9	*5903	*51.94	*16 *10.1%	26.78 17.1%	98.85 63.0%	14.85 21.3%	4.51 6.5%	*0.30 *0.4%
Nutrient Guideline			600-700		1360										<10.00	

Thu - 02/28/2019																
MIDDLE SCHOOL CYCLE 1	Total	2000														
ENCHILADAS & SAUCE UPPERS	SERVING	500	483	*68	*715	*2.69	2.32	129.3	*279	*0.91	*1	23.15	*39.03	25.65	10.26	*0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
TAMALES, PORK: LABATT FOOD	4 EACH	250	532	42	1039	10.21	0.00	0.0	394	0.0	*N/A*	21.28	51.19	28.94	6.53	0.30
SPANISH RICE	.50 CUP	1500	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
REFRIED BEANS	1/2 CUP	1000	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SALAD, TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			703	*34	*1197	*14.49	*4.62	*387.5	*6695	*32.86	*16 *9.0%	*30.19 *17.2%	*106.07 *60.4%	*20.35 *26.1%	*5.73 *7.3%	*0.04 *0.1%
Nutrient Guideline			600-700		1360											<10.00

Weighted Average			603	*36	*1034	*10.07	*4.48	*432.2	*6415	*74.18	*15 *22.6%	*26.37 *17.5%	*91.73 *60.9%	*16.11 *24.1%	*5.31 *7.9%	*0.15 *0.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	603		600 - 700	100%				
Cholesterol (mg)	36				Missing			
Sodium 1 (mg)	1034		1360		Missing			
Sodium 2 (mg)	1034		1035		Missing			
Fiber (g)	10.07				Missing			
Iron (mg)	4.48				Missing			
Calcium (mg)	432.2				Missing			
Vitamin A (IU)	6415				Missing			
Sugars (g)	15	10.04%			Missing			
Vitamin C (mg)	74.18				Missing			
Protein (g)	26.37	17.50%			Missing			
Carbohydrate (g)	91.73	60.87%			Missing			
Total Fat (g)	16.11	24.06%			Missing			
Saturated Fat (g)	5.31	7.93%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.15	0.22%			Missing			

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