

DECEMBER 2018 - Dinner

Las Américas ASPIRA Academy

Monday

Tuesday

Wednesday

Thursday

Friday

3

Teriyaki Chicken
Steamed Peas and Carrots
Fruit Variety
Milk Variety

4

Chipotle Chicken Ciabatta
Seasoned Green Beans
Fruit Variety
Milk Variety

5

French Bread Cheese Pizza
California Vegetable Blend
Fruit Variety
Milk Variety

6

Grilled Turkey and Cheese Panini
Steamed Broccoli
Fruit Variety
Milk Variety

7

Baked Chicken Tenders
Baked Beans
Fruit Variety
Milk Variety

10

Popcorn Chicken
Steamed Corn
Fruit Variety
Milk Variety

11

Mandarin Chicken
Steamed Corn
Fruit Variety
Milk Variety

12

Cheese Quesadilla with Salsa
Steamed Broccoli
Fruit Variety
Milk Variety

13

Pierogies in Tomato Sauce
Steamed Peas and Carrots
Fruit Variety
Milk Variety

14

Ham and Cheese on a Pretzel Roll
Steamed Carrots
Fruit Variety
Milk Variety

17

Chicken Patty Sandwich
Steamed Carrots
Fruit Variety
Milk Variety

18

Mini Ravioli with Breadstick
Steamed Broccoli
Fruit Variety
Milk Variety

19

Stuffed Crust Cheese Pizza
Taco Fiesta Beans
Fruit Variety
Milk Variety

20

Cheeseburger
Oven Fries
Fruit Variety
Milk Variety

21

Grilled Cheese Sandwich
Seasoned Green Beans
Fruit Variety
Milk Variety

24

No School

25

No School

26

No School

27

No School

28

No School

31

No School



- Fruit Variety includes daily options of apples, bananas, oranges, and seasonal fruits that will be provided from local farms
- Milk Variety includes 1 % White, Non-Fat Chocolate, and Non-Fat Strawberry options
- Menu subject to change without notice