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DECEMBER 2018COUGAR CAFÉ

Monday **Tuesday** Wednesday **Thursday Friday** Go Big Strawberry 6 Breakfast Kit **Breakfast** Cereal Cereal Yogurt Cereal Pizza Fruit Fruit Juice Muffin Fruit Muffin **Animal Crackers Graham Crackers** Milk Milk Fruit Milk Milk Milk 10 Maple Madness 12 Fruit Smoothie 13 14 Breakfast Kit Muffin Cereal String Cheese **Goldfish Crackers** String Cheese Cereal Waffles Juice Fruit Milk Fruit Fruit **Graham Crackers** Milk Milk Milk 18 19 Breakfast Kit 17 **Breakfast** Mini Cinnis 20 Cereal **Breakfast** Sandwich Choice String Cheese Pizza Yogurt Cereal Fruit Juice Fruit Fruit Fruit Milk **Graham Crackers** Milk Milk Milk Milk 24 25 26 27 28 HAVE A **VACATION! GREAT** 31

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422-2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability. MENU IS SUBJECT TO CHANGE WITHOUT

NOTICE. USDA is an equal opportunity provider and employer.

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