

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Happy New Year!	<b>2</b> Chef Ed's Homemade Pancakes	<b>3</b> Toasted Bagel with Cream Cheese Hash Brown Potato	<b>4</b> Fresh Baked Donut Yogurt
<b>7</b> Cereal Choice Yogurt Fruit	<b>8</b> Chef Ed's Homemade Pancakes Turkey Bacon	<b>9</b> French Toast Sticks Fruit Smoothie	<b>10</b> Breakfast Sandwich Hash Brown Potato	<b>11</b> Southern Style Chicken & Waffles
<b>14</b> Breakfast Pizza	<b>15</b> Chef Ed's Homemade Pancakes Ham	<b>16</b> Egg, Cheese, Turkey Bacon Croissantwich	<b>17</b> Homemade Cinnamon Roll Yogurt	<b>18</b> Waffles & Syrup Sausages
<b>21</b> No School  <b>Martin Luther King, Jr. Day</b>	<b>22</b> Chef Ed's Homemade Pancakes Choice Sausage	<b>23</b> Chef Ed's Homemade Muffin Variety of Smoothies	<b>24</b> Sausage, Egg, & Cheese Breakfast Biscuit	<b>25</b> Cereal Choice String Cheese Fruit
<b>28</b> Cereal Choice Yogurt Fruit	<b>29</b> Chef Ed's Homemade Pancakes Choice Ham	<b>30</b> Egg, Cheese, Turkey Bacon Croissantwich	<b>31</b> French Toast Sticks Sausage Links	

All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422- 2017 ext. 119 or [lmailhot@rsu24.org](mailto:lmailhot@rsu24.org) During the fall harvest months, we may change the menu to accommodate weekly harvest availability.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. USDA is an equal opportunity provider and employer.