



**Saturday, March 23**

**8:30 a.m.—12:30 p.m.**

**Northville High School**



**Presented by**

**Michigan Educational  
Credit Union**

**Northville Parent Camp is a morning filled with resources, speakers, and workshops, presented to empower parents with practical knowledge, resources and tools to help equip them to support and guide their children.** Topics for Elementary, Middle and High School parents, include:

- ◆ Managing anxiety, mindfulness
- ◆ College planning, transitions
- ◆ Emotional health for teens
- ◆ Raising a self not a selfie
- ◆ Trauma informed care
- ◆ Monitoring your kids' online life
- ◆ Empowered kids, tips and tools
- ◆ Time management for students
- ◆ Opioids and vaping
- ◆ Lifelong readers, and more...

**Have a Kindergarten—5th Grader? Need something for them to do while you are at Parent Camp?** Register them to participate in the ***Kids Empowered*** session taking place the same time/place as Parent Camp! By rotating thru five different stations in this hands-on, highly interactive program, kids will learn and practice: effective problem-solving strategies; skills to stay calm during common kid conflicts; how and when to change tone of voice and word choice; managing friendly vs. unfriendly classmates; and more!

*\$10/per CHILD FEE & PRE-REGISTRATION IS REQUIRED.*

**For more details and to register for Parent Camp and Kids Empowered program:**

**[www.SupportNEF.org](http://www.SupportNEF.org)**



**NORTHVILLE**  
Educational Foundation

**Northville Public Schools & the Northville Educational Foundation collaborate to bring you Northville Parent Camp**



**Saturday, March 23**

**8:30 a.m.—12:30 p.m.**

**Northville High School**



**Presented by**

**Michigan Educational  
Credit Union**

**Northville Parent Camp is a morning filled with resources, speakers, and workshops, presented to empower parents with practical knowledge, resources and tools to help equip them to support and guide their children.** Topics for Elementary, Middle and High School parents, include:

- ◆ Managing anxiety, mindfulness
- ◆ College planning, transitions
- ◆ Emotional health for teens
- ◆ Raising a self not a selfie
- ◆ Trauma informed care
- ◆ Monitoring your kids' online life
- ◆ Empowered kids, tips and tools
- ◆ Time management for students
- ◆ Opioids and vaping
- ◆ Lifelong readers, and more...

**Have a Kindergarten—5th Grader? Need something for them to do while you are at Parent Camp?** Register them to participate in the ***Kids Empowered*** session taking place the same time/place as Parent Camp! By rotating thru five different stations in this hands-on, highly interactive program, kids will learn and practice: effective problem-solving strategies; skills to stay calm during common kid conflicts; how and when to change tone of voice and word choice; managing friendly vs. unfriendly classmates; and more!

*\$10/per CHILD FEE & PRE-REGISTRATION IS REQUIRED.*

**For more details and to register for Parent Camp and Kids Empowered program:**

**[www.SupportNEF.org](http://www.SupportNEF.org)**



**NORTHVILLE**  
Educational Foundation

**Northville Public Schools & the Northville Educational Foundation collaborate to bring you Northville Parent Camp**