

# Kindergarten Parents

**FUN PRIZES & FREE LUNCH EACH DAY!**

## Why try Lunch For Life?



The Nutrition Group

Your Kindergartener is invited to participate in our 3-day Lunch for Life event on September 18-20 in the cafeteria during lunch.

*Even devoted lunch packers will really enjoy the celebration!*

### What is Lunch for Life?

Lunch for Life is a 3 day event to welcome your Kindergartener into the cafeteria, make them feel special and introduce them to the tastiest half hour of the day!

**September 18, 19, and 20, 2018**

Kindergarteners are invited to try a complimentary lunch.

### A special dining event

to help your child learn how school lunch works.

### You'll love it

for the nutritional value, ease and convenience for you and your child!

### This event

is made possible through the sponsorship of The Nutrition Group's food vendors!

Our friendly staff will help your Kindergartener choose a nutritious, delicious lunch.

A variety of kid-friendly favorites and tasty new foods to sample

Fun-filled nutrition education events

Free prizes each day your child participates

Students are offered 1 serving each of meat, grains, and milk, as well as two different servings of fruits and/or vegetables. Your child can choose a minimum of 3 items as long as one is a fruit or vegetable. For more information about the National School Lunch Program visit:

[www.fns.usda.gov/nslp/national-school-lunch-program-nslp](http://www.fns.usda.gov/nslp/national-school-lunch-program-nslp)

The Nutrition Group is proud to be your school district's food service provider. Our goal is to serve your child healthy, nutritious foods in a fun and inviting atmosphere.

We partner with your district to educate your child on the importance of making balanced food choices in and out of school as part of a healthy lifestyle.

**NO mess, NO FUSS, NO COST.**

