

Monday

Tuesday

Wednesday

Thursday

Friday

2

Pasta & Meat Sauce
 Garlic Bread
 Caesar Salad

3

Hot Dog w Bun
 Chili, French Fries
 Vegetables

4

Soup
 Pizza
 Vegetables

5

Fire Poppers
 Rice
 Vegetables

6

Creamy Macaroni & Cheese
 Plain pasta
 Sliced vegetables

9

Roasted BBQ Chicken (bone)
 Roasted Potato
 Vegetables

 (no Lunch MS –Fast day)

10

No School

11

Soup
 Pizza
 Vegetables

12

Deli hero
 Macaroni Salad
 French Fries

13

Breaded Flounder
 Spaghetti & Sauce
 Sliced vegetables

16

Hamburger w Bun
 Chili, Potato Knish
 Sliced Tomato, Onion, Shred Lettuce

17

BBQ Chicken (Cutlet)
 Roasted Potato
 Vegetables

18

Soup
 Pizza
 Vegetables

19

Chicken Marsala
 Potato Kugel
 Vegetables

20

Baked Ziti
 Plain Pasta
 Sliced vegetables

23

No School

24

Schnitzel Bar: Mini Hoagies
 Shred Lettuce, Sliced Tomato, & Onion
 Assorted Sauces
 Onion Rings

25

Soup
 Pizza
 Vegetables

26

Chicken & Beef Fajita
 Mixed peppers
 Hard & Soft Taco
 Spanish Rice, Guacamole,

27

Pancakes, Yogurt, Granola
 Berries, Whipped Cream

30

Buffalo Wings
 Rice
 Sliced Vegetables

31

Cornflake Chicken
 Couscous
 Vegetables

Daily Salad Bar: Mesclun, Romaine, Spinach

Toppings May Include: Grape Tomato, baby Carrots, Avocado/Guacamole, Colored Peppers, Cucumbers, Green Peas, Garbanzo Beans, Pickles, Celery, Mushrooms
 Black beans, Kidney Beans, Red Onion, Diced Beets, Baby Corn, Heart of Palm, Olives, Kernel Corn, Croutons, Craisins, Tuna, Hard Boiled Eggs,

Dressings: Italian, French, Caesar, Raspberry Vinaigrette, Olive oil

Available Daily: Fruit, Plain Pasta, Sliced Whole Wheat Bread, Jelly, Soy/Sun Butter, **Butter Chips, **Sliced Cheese. (**Dairy Days)