

March 2, 2020



Dear Parent/Guardian:

According to the Texas Department of State Health Services, influenza activity remains high across the state and is above the Texas-specific influenza-like illness baseline. Influenza and cold viruses are spread from person to person through coughing and sneezing.

At Cityscape Schools, we are monitoring cases by campus and classroom. The district is taking precautions to disinfect these areas more frequently.

Health officials are recommending local communities and schools to take the following steps to prevent the spread of everyday illnesses like the common cold or flu:

- Wash hands frequently with soap and warm water for at least 20 seconds. Alcohol-based hand sanitizers can also be used if soap and water is not available.
- Cover mouth and nose into the inside of the elbow or with a tissue when sneezing or coughing and dispose of the tissue immediately into the trash.
- Avoid touching the “T zone”- eyes, nose and mouth.
- Avoid sharing drinks, water bottles, eating utensils and cell phones.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Clean and disinfect frequently touched objects and surfaces.

We would also like to inform you about a new respiratory illness called the 2019 Novel Coronavirus, or 2019-nCoV. The Coronavirus is a new respiratory virus that was first identified in Wuhan, Hubei Province, China. The virus is believed to be spread through the air when an infected person coughs or sneezes, much in the way the flu and other respiratory viruses are spread. Listed below are some of the common signs and symptoms:

- Influenza flu symptoms include fever, headache, muscle and body aches, chills, sore throat, exhaustion and dry cough. Children may also have nausea, vomiting and diarrhea.
- Cold symptoms often appear gradually and include nasal congestion, sneezing, sore throat and dry cough.
- Coronavirus symptoms can be fever, cough, or difficulty breathing. At this time, persons considered at risk are those with those who have traveled to China, or those in close contact with persons infected with novel coronavirus.

Please do not hesitate to contact your child's campus administrators if you have any questions or concerns as we go through this flu season. Thank you in advance for your attention.

Sincerely,
Leonard Brannon
Superintendent