

**POMONA UNIFIED SCHOOL DISTRICT
Health Services & Programs**

PARENTS!

Notice of Exposure to Illness

**Hepatitis
Type A (Vaccine
available)**

Date: _____

Symptoms: Fever, chills, loss of appetite, headache, vomiting, generalized fatigue, yellow hue to skin (jaundice) not always evident in children.

**Incubation
Period:** 15—50 days

**How
Transmitted:** Person-to-person contact or contact with objects soiled by blood, stool or urine of infected person. (Poor hygiene or hand washing.)

**Treatment
and
Precautions:** Must consult your doctor. Bed rest. Encourage fluids and provide well balanced diet.

**Return to
School:** Must have doctors release, usually 4—8 weeks after diagnosis.

**Please call your child's school if your child will be absent due
to above symptoms (or any other illness)**

SECTION 6