

# ST LANDRY CHILD NUTRITION PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SAUASAGE CREOLE RICE, BROWN BAKED BEANS 1/2 cu SALAD, TOSSED RANCH DRESSING PEAR HALVES ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 2 CHICKEN BREAST C MACARONI AND CHE SALAD, TOSSED RANCH DRESSING PEAS, GREEN APPLES, FRESH ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 3 Lasagna Rollup GREEN BEANS SALAD, TOSSED RANCH DRESSING MIXED FRUIT ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 4 BAKED CHICKEN MASHED POTATOES BROWN GRAVY BROCCOLI w/CHEES STRAWBERRIES, FRE ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 5 PIZZA, CHEESE, WG, FRENCH FRIES (BAK CARROT STICKS -1/4 RANCH DRESSING PEACHES (SLICED O MILK, VARIETY
Oct - 8 CHICKEN on WW BU FRENCH FRIES (BAK SANDWICH SALAD - APPLES, FRESH MILK, VARIETY	Oct - 9 RED BEANS W/SAUS RICE, BROWN MUSTARD GREENS SALAD, TOSSED RANCH DRESSING APPLESAUCE, SWEE CORNBREAD MILK, VARIETY	Oct - 10 BBQ RIB SANDWICH CARROTS, GLAZED SALAD, TOSSED RANCH DRESSING BANANA SLICES MILK, VARIETY	Oct - 11 NO SCHOOL TODAY	Oct - 12 NO SCHOOL TODAY
Oct - 15 SPAGHETTI & MEAT GREEN BEANS SALAD, TOSSED RANCH DRESSING ORANGES HALVES ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 16 HAMBURGER on WW SWEET POTATO FRI SANDWICH SALAD - PEACHES (SLICED O MILK, VARIETY	Oct - 17 GUMBO, CHICKEN A RICE, BROWN CANDIED YAMS MUSTARD GREENS APPLES, FRESH ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 18 MEAT LOAF MASHED POTATOES CORN, WHOLE KERN MIXED FRUIT ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 19 CORNDOG FRENCH FRIES (BAK BAKED BEANS 1/4 cu PEAR HALVES MILK, VARIETY
Oct - 22 SAUASAGE CREOLE RICE, BROWN BAKED BEANS 1/2 cu SALAD, TOSSED RANCH DRESSING PEAR HALVES ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 23 CHICKEN BREAST C MACARONI AND CHE SALAD, TOSSED RANCH DRESSING PEAS, GREEN APPLES, FRESH ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 24 CHILI CON CARNE W CORN, WHOLE KERN SALAD, TOSSED RANCH DRESSING MIXED FRUIT CORNBREAD MILK, VARIETY	Oct - 25 BAKED CHICKEN MASHED POTATOES BROWN GRAVY BROCCOLI w/CHEES STRAWBERRIES, FRE ROLL, WHOLE GRAIN MILK, VARIETY	Oct - 26 PIZZA, CHEESE, WG, FRENCH FRIES (BAK CARROT STICKS -1/4 RANCH DRESSING PEACHES (SLICED O MILK, VARIETY
Oct - 29 CHICKEN on WW BU FRENCH FRIES (BAK SANDWICH SALAD - APPLES, FRESH MILK, VARIETY	Oct - 30 RED BEANS W/SAUS RICE, BROWN MUSTARD GREENS SALAD, TOSSED RANCH DRESSING APPLESAUCE, SWEE CORNBREAD MILK, VARIETY	Oct - 31 BBQ RIB SANDWICH CARROTS, GLAZED SALAD, TOSSED RANCH DRESSING BANANA SLICES MILK, VARIETY		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.