



FULL STUDENT LUNCH CONSISTS OF AN ENTRÉE (MEAT/MEAT ALTERNATE WITH A GRAIN COMPONENT) 2 VEGETABLE SIDES, 2 FRUIT SIDES AND CHOICE OF 1% OR FAT FREE MILK. STUDENT MUST TAKE A FRUIT OR VEGETABLE TO COMPLETE THE MEAL. MENU SUBJECT TO CHANGE.

Punxsutawney Area
School District
March 2019

Elementary
Lunch Menu
Grades K-6

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 10px; text-align: center;"> Try out our new interactive food tray on www.schoolcafe.com. You can make a tray from the menu of the day to see nutritional information. </div>				1 Macaroni & Cheese w/Roll Or Yogurt Basket w/String Cheese & Ultra Bread California Vegetables Green Peas Assorted Fresh Fruit Choice of Milk
4 Dortito Day! Hamburger on Bun w/Lettuce & Tomato Or Yogurt Basket w/string Cheese & Ultra Bread Baked Beans Peaches Fresh Fruit Assortment Choice of Milk	5 Chicken & Gravy over Biscuit Yogurt Basket w/String Cheese & Ultra Bread Mashed Potatoes & Gravy Green Beans Pears Fresh Fruit Assortment Choice of Milk	6 BOSCO Sticks w/ Marinara Or Peanut Butter & Jelly Sandwich Side Salad w/ Tomatoes Mandarin Oranges Fresh Fruit Assortment Choice of Milk	7 Chicken Fryz w/ Dinner Roll French Fries Green Beans Strawberries & Bananas Fresh Fruit Assortment Choice of Milk	8 Fish Filet Sandwich Or Yogurt Basket w/String Cheese & Ultra Bread Corn Niblets Veggie Sticks w/Dip Fresh Fruit Assortment Choice of Milk
11 Chicken Nuggets w/Roll Or Yogurt Basket w/string Cheese & Ultra Bread Mashed Potatoes w/Gravy Peaches Fresh Fruit Assortment Choice of Milk	12 Hot Dog on a bun Or Yogurt Basket w/String Cheese & Ultra Bread Sweet Potato Fries Baked Beans Pears Fresh Fruit Assortment Choice of Milk	13 Pasta & Meatsauce w/ Garlic Breadstick Or Yogurt Basket w/String Cheese & Ultra Bread Side Salad/Corn Mandarin Oranges Fresh Fruit Assortment Choice of Milk	14 Beef & Cheese Nachos w/Salsa Or Yogurt Basket w/String Cheese & Crackers Broccoli Strawberries & Bananas Fresh Fruit Assortment Choice of Milk	15 Grilled Cheese Sandwich Or Peanut Butter & Jelly Sandwich Tomato Soup Veggie Sticks w/Dip Fresh Fruit Assortment Choice of Milk
18 Corn Dog on a Stick Or Yogurt Basket w/string Cheese & Ultra Bread Corn Niblets Veggie Sticks w/Dip Peaches Fresh Fruit Assortment Choice of Milk	19 Popcorn Chicken w/Roll Or Yogurt Basket w/string Cheese & Ultra Bread Mashed Potatoes w/ Gravy Green Beans Pears Fresh Fruit Assortment Choice of Milk	 20 Hamburger on Bun w/Lettuce & Tomato Peanut Butter & Jelly Sandwich Baked Beans Mandarin Oranges Fresh Fruit Assortment Choice of Milk	21 Wonderbites w/dinner roll Or Yogurt Basket w/ String Cheese & Ultra Bread Seasoned Pasta Carrot Stix w/Dip Tender Broccoli Strawberries & Bananas Fresh Fruit Assortment	22 Fish Filet Sandwich or Yogurt Basket w/String Cheese & Ultra Bread Tender Peas Glazed Carrots Fresh Fruit Assortment Choice of Milk
25 Chicken Patty Sandwich Or Yogurt Basket w/String Cheese, Crackers & Pretzel Tender Broccoli Baked Beans Peaches Assorted Fresh Fruit Choice of Milk	26 French Toast Sticks w/Syrup & Sausage Patty Or Yogurt Basket w/String Cheese & Crackers Hashbrown Rounds Cucumbers w/Dip Pears/Assorted Fresh Fruit Choice of Milk	27 Chicken Tenders w/Roll Or Yogurt Basket w/String Cheese & Ultra Bread Mashed Potatoes w/Gravy Green Beans Mandarin Oranges Assorted Fresh Fruit Choice of Milk	28 Open Face Hot Turkey Sandwich Or Yogurt Basket w/String Cheese & Ultra Bread French Fries/ Carrots Strawberries & Bananas Assorted Fresh Fruit Choice of Milk	29 Macaroni & Cheese w/Roll Or Yogurt Basket w/String Cheese & Ultra Bread California Vegetables Green Peas Assorted Fruit Choice of Milk



*** All students eat breakfast & lunch at no cost! ***



No form is needed.

MONDAYS: STUFFED CRUST PIZZA	TUESDAYS: THE GOLIATH PIZZA	WEDNESDAYS: THE SICILIAN PIZZA	THURSDAYS: THE GOLIATH PIZZA	FRIDAYS: ASSORTED PIZZAS
------------------------------	-----------------------------	--------------------------------	------------------------------	--------------------------