



Primary Lunch Menu

September 2019

02
School Holiday
Chicken drumstick
Corn bread muffin
salad, Mashed
potatoes, mixed fruit
or
fresh orange

03
Chicken parmesan w/
spaghetti noodles
green beans, salad or
red peppers, banana
Or
diced pears

04
Plain hot dog
Salad, glazed carrots,
or zucchini squash,
apple
or
diced peaches

05
Chicken tenders
Salad, baked beans,
or celery stick,
apple sauce or
watermelon

06
Cheese pizza
Side salad, baby
carrots or cucumbers,
Pineapple or fruit
salad

09
Chicken tenders
Side salad,
tomato wedges or
French fries, fruit mix or
fresh orange

10
Corn dog
Fresh broccoli, side
salad or fresh
cucumbers
Diced pears or fresh
banana

11
Jumbo cheese Ravioli
Green beans, salad,
or celery sticks
Fresh apple or diced
peaches

12
Hamburger
Side salad, baby
carrots or pinto beans
Watermelon or apple
sauce

13
Cheese pizza
French fries, side
salad or tomato
wedges
Pineapple or fruit
salad

16
Spaghetti w/meat
sauce
Side salad, baby
carrots or golden corn
Mixed fruit or fresh
orange

17
Plain hot dog,
French fries, salad or
tomato wedges
Diced pears or fresh
banana

18
Popcorn chicken
Green peas, side
salad or
broccoli
Diced peaches or
fresh apple

19
Hamburger,
French fries, side
salad or pinto beans
Watermelon or apple
sauce

20
Pepperoni Pizza,
side salad, coleslaw,
or broccoli
fruit salad or pineapple

23
Chicken drumstick
Mac & cheese, tomato
wedges or carrots
Mixed fruit or fresh
orange

24
Soft chicken tacos
Sate fe rice, pinto
beans or side salad
Diced pears or fresh
banana

25
Hamburger
French fries, side
salad or peas &
carrots
Diced peaches or
fresh apple

26
Chicken nugget
golden corn, side
salad or baby carrots
apple sauce or
watermelon

27
Cheese pizza,
French fries, fresh
cucumbers or fresh
broccoli
Fruit salad or
pineapple

30
Salisbury steak
w/brown gravy egg
noodles, fresh broccoli
or tater bites
Mixed fruit or fresh
orange

01
Popcorn chicken
Rice, side salad or
Fresh mixed
vegetables
Diced pears or fresh
banana

02
Hamburger,
French fries, side
salad or carrots
Diced peaches or
fresh apple

03
Hot dog plain,
French fries,
cucumber & tomato or
side salad
Apple sauce or
watermelon

04
Cheese pizza
Side salad, cucumber
& tomato salad or
boccoli
Mixed fruit or fruit
salad

More info... Assorted Fruit, Vegetables, juice and milk are available Daily
Primary & Shanklin Lunch: \$2.40 Reduce \$0.40
Strawberry milk will be offered as well as chocolate & white milk
Menu is subject to change

More info...
Remember to apply for the Free & Reduced Meal program.
We are a peanut sensitive District – Call your school nurse for allergies