

LUNCH ENTRÉE	SERVING SIZE	CALORIES	grams FAT	gram SAT FAT	mg SODIUM	gram CARBS	gram FIBER
Beef Dippers	4	180	9	3.5	500	6	1
Beef Taco Meat	2 oz	177	10	4	445	4.3	0.7
Bosco Cheese Sticks	2	300	10	0	440	34	10
Cheese Stick Hot	2	300	12	4	740	34	4
Cheeseburger	1	333	19	6.5	667	28	4
Cheeseburger, Mini Twin	1 pkg.	320	13	0.5	600	35	4
Chicken Fajita w/Tortilla	1	259	10.7	5.3	794	22.78	1
Chicken Nuggets	4	240	13	2.5	493	14.5	0
Chicken Orange	4 oz	190	8	1	340	18	0
Chicken Patty Burger	1	330	12	2	950	37	4
Chicken Popcorn	12	230	14	2.5	240	14	1
Chicken Roasted Oven	1lg or 2sm	110	6	2	169	1	0
Chicken Tenders	3	200	10	2	680	12	0
Chicken Teriyaki	2.6 oz	90	2	0.5	320	6	0
Chili Beans	1/4 cup	82	4.5	1.8	276	4.4	1.1
Corndog	1	270	14	4	740	27	1
Corndog Mini	4	220	13	3.5	510	19	0.5
Grilled Cheese	1	284	10	6	655	31.54	2
Hotdog	1	260	14	4	780	23	3
MaxSnax BBQ Chicken	3 pieces	270	7	2	500	36	4
Mozz. String Cheese	1	80	6	3.5	210	1	0
Nacho Cheese Sauce	1/4 cup	80	6	1	560	5	0
Nacho Chips	2 oz	268	10	2	120	38	4
PBJ Grape	1	320	16	3.5	320	33	3
PBJ Strawberry	1	320	16	3.5	310	33	3
Pizza Cheese	1	300	11	4.5	600	33	2
Pizza Galaxy	1	370	18	9	770	32	1
Pizza Pepperoni	1	370	19	10	950	30	2
Pizza, Stuffed Crust Cheese	1	300	11	6	600	35	4
Pizza, Stuffed Crust Pepp	1	300	11	5	650	35	4
Popcorn Chicken	12 pieces	230	14	2.5	240	14	1
Pretzel Sandwich	1 sandwich	293	14	4	446	29	3
Pulled Pork Sandwich	1 sandwich	298	6	1	926	43	5
Ravioli Beef	1 cup	250	9	3	780	36	4
Rib-E-Que	1	253	10.4	2.9	607	26	1
Shrimp Poppers	20 pieces	220	10	1.5	760	22	2
Taco Shell Crunchy	1	50	2.5	0	0	13	2
Taco Stick	1	345	13	8	630	32	4
Teriyaki Chicken	2.8 oz.	130	3.5	1	480	10	0
Tortilla Flour 8"	1	130	3	1.5	320	22	1
Turkey and Gravy	2 oz	95	4.3	1	590	3	0
Yogurt	1	90	0.5	0	50	20	0
Potato Bowl	1 Bowl	425	15	2	515	55.75	3.75
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