



MARCH 2019 K-8 Menu

Fayette County Public Schools

Grab N Go Snack Box
Will be offer Every Tuesday N Thursday
Menu Includes
Deli Sandwich on a Hoagie Bun
Lettuce, Tomato, Pickle, & Onion
Chips

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

4
Grilled Chicken Sandwich
BBQ Nachos
Glazed Carrots
Mashed Potatoes
Mandarin Oranges Cup
Assorted Fresh Fruit
Milk

5
Crispito w//Mexican Rice
Popcorn Chicken w/ Roll
Broccoli w/ cheese
Triangle Potatoes
Chilled Peaches Cup
Assorted Fresh Fruit
Milk

6
Fish Strips w/ Hushpuppies
Chicken Alfredo W/ Garlic Breadstick
Cole Slaw
Crinkle Cut Fries
Chilled Mix Fruit Cup
Assorted Fresh Fruit
Milk

7
Sliced Turkey w/ gravy & roll
Corn Dogs
Hash brown Casserole
Garden Salad
Pineapple Chunks
Assorted Fresh Fruit
Milk

1
Stuffed Crust Cheese or Pepperoni Pizza
Pulled Pork Barbecue/Bun
Hash Rounds
Green Peas
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

8
**Half Day
for
Students**

11

12

13

14

15

Spring Break – No School

18
Cheeseburger on a Bun
Fish Sticks w/Hushpuppies
Cole Slaw
Glazed Carrots
Chilled Peaches Cup
Assorted Fresh Fruit
Milk

19
Popcorn Chicken w Roll
Spaghetti w/Garlic breadstick
Tossed Salad
Green Beans
Frozen Fruit Juice Dog
Assorted Fresh Fruit
Milk

20
Sliced Turkey w/ gravy & Roll
Hot Dog on Bun
Mashed Potatoes
Green Peas
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

21
Grilled Chicken Sandwich
BBQ Nachos
Broccoli w/Cheese
Whole Kernel Corn
Mandarin Oranges
Assorted Fresh Fruit
Milk

22
Cheese or Pepperoni Pizza
Deli Turkey Sandwich/Lett, Tom
Glazed Baby Carrots
Crinkle Cut Fries
Chilled Fruit Cup
Assorted Fresh Fruit
Milk

25
Chili w/Cheese Toast
Corn Dog
Whole Baked Potatoes
Broccoli w/Cheese
Chilled Pineapple Chunks Cup
Assorted Fresh Fruit
Milk

26
Crispito with Cheese
Chicken Rings/Roll
Glazed Carrots
Triangle Potatoes
Chilled Peaches Cup
Assorted Fresh Fruit
Milk

27
Hamburger on a Bun
Chicken Fajita w/ Cheese Soft Shell Tortilla
Broccoli
Sweet Potatoes Casserole
Chilled Pineapple Chunks Cup
Assorted Fresh Fruit
Milk

28
Grilled Cheese Sandwich
Pulled Pork Barbecue on a Bun
Cole Slaw
Baked Beans
Chilled Fruit Cups
Assorted Fresh Fruit
Milk

29
Stuffed Crust Cheese or Pepperoni Pizza
Soft Shell Taco on Tortilla Cheese, Lettuce, Tomato
Cheesy Refried Beans
Glazed Baby Carrots
Chilled Applesauce Cup
Assorted Fresh Fruit
Milk

Lunch Meal Pattern

- 2 oz. meat/meat alternate daily 10 oz. minimum per week
- 1 oz. equivalent grain daily (5 oz. eq. minimum per week
- 1 cup of vegetable daily (5 cups per week
- 1 cup of fruit daily (5 cups per week
- 1 cup milk daily (5 cups per week

**MENUS ARE SUBJECT TO
CHANGE DUE TO PRODUCT
AVAILABILITY**

This institution is an equal opportunity provider.

Milk Choices:

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk

