

# Base Menu Spreadsheet

## Weighted Values

Mar 4, 2019 thru Mar 5, 2019

**Menu Name:** HIGH SCHOOL LINE 2 Pizza/Wings

**Include Cost:** No

**Site:**

**Report Style:** Detailed

**Monday - 03/04/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	25	75	120	2	8.75	4.00
001246 Dominos Pepperoni Pizza	slice	25	68	142	1	7.25	5.00
001522 Fiery & Sweet Wings	3 Wings	50	195	604	4	13.50	14.25
000965 Baked Beans	1/2 Cup	20	28	74	2	6.00	1.20
001274 Garden Salad	Salad	40	5	8	*0	1.23	0.37
990058 Roasted Corn	1/2 Cup	40	48	52	3	8.80	1.20
000581 Carrot / Cucumbers	1/2 Cup	50	9	14	1	2.13	0.23
000064 Fresh Apple	each	25	24	0	5	6.28	0.12
001476 Banana	each	35	53	1	7	13.56	0.65
000650 Cherry Jello w/ Pineapples	1/2 cup	60	27	16	*5	5.51	0.29
001043 Peaches, Diced Ex Lt Syrup	1/2cup	40	26	2	5	6.00	0.00
001503 Ranch Dressing	2 Tbsp	60	30	180	1	4.80	0.60
000588 Chocolate Milk	each	60	66	60	11	11.40	4.80

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			673	1299	*49	97.61	34.31
% of Calories					*29.1%	58.0%	20.4%
Weekly Nutrient Guideline			750 - 850	1420			

**Tuesday - 03/05/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990081 Cheese Pizza Slice	Slice	25	75	120	2	8.75	4.00
001246 Dominos Pepperoni Pizza	slice	25	68	142	1	7.25	5.00
001522 Fiery & Sweet Wings	3 Wings	50	195	604	4	13.50	14.25
001274 Garden Salad	Salad	40	5	8	*0	1.23	0.37
990058 Roasted Corn	1/2 Cup	40	48	52	3	8.80	1.20
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000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			645	1225	*47	91.61	33.11
% of Calories					*29.1%	56.8%	20.5%
Weekly Nutrient Guideline			750 - 850	1420			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**