

# Thrall ISD

## School Health Advisory Council/ Nutrition Team: Annual Report for 2018/2019

**Authority:** Each school district in Texas is required in Chapter 28.004 of the Texas Education Code to establish and maintain a district-level School Health Advisory Council. The School Health Advisory Council of the Thrall Independent School District is specifically authorized by the Board of Trustees in District policies BDF (legal),.EHAA (legal),

**Purpose:** The SHAC is an advisory body, and shall serve to review, provide guidance, and make recommendations regarding health and safety issues within the District to the Board of Trustees. The SHAC is to assist the District in ensuring that local community values are reflected in the District's health education instruction. The council's duties include recommending: 1. Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes; through a coordination of health education, physical education and physical activity, nutrition services, parental involvement, and instruction to prevent the use of tobacco. 2. Strategies for integrating the curriculum components specified above, with the following elements in a coordinated school health program: school health services, counseling and guidance services, a safe and healthy school environment, and school employee wellness. Responsibility: Policy BDF {legal} requires that the board approve the membership of the SHAC. A majority of the members must be parents of students enrolled in the district who are not employed by the district. The SHAC shall meet at least four times each year.

**Meetings were held:** Aug. 27, 2018, Sept. 19, 2018, Oct. 24, 2018, Jan. 30, 2019, and May 1, 2019

All meetings were open to the public.

### Members for the 2018/2019 school year:

Tommy Hooker – Superintendent: non-voting member  
Lynn Crabb, District RN, SHAC Liaison: non-voting member  
Chair: Stephanie Woelfel - Parent  
Vice Chair: Carrie O'Connor - Parent  
Secretary: Kara Moellenberg - Parent  
Treasurer: Lori Ashton - Parent  
Erica Bodiford - Parent  
Sebastin Bodiford - Student  
Emma Burkhart - Student  
Susan Burkhart – District staff  
Caresse Fralicker – Ele. Teacher

Stacy Hagaman – HS Teacher  
Christina Hernandez - Parent  
Stacy Mikulencak – MS Teacher  
Mia Moellenberg - Student  
Brantley O’Connor - Student  
Erin Schmidt – Ele. Staff  
Sarah Stribling – HS Staff  
Heather Watson - Parent  
Logan Woelfel - Student  
Misty Zieschang – Ele. Teacher  
Patrick Zieschang – Student

***2018/2019 SHAC Members are commended for their dedicated service to Thrall ISD SHAC. I’m thankful for their faithful participation.***

**Accomplishments and Activities during 2018-2019 including Goals for 2019/2020:**

- Information from SHAC meetings posted on TISD website
- Made sure SHAC was in compliance with Texas Department of Agriculture, food and nutrition changes.
- Stop the Bleed program for the District Employees. Outreach Education Coordinator, Jim Persons with Williamson County EMS.
- Reviewed Head lice notification in accordance to Senate Bill 1566, Section 38.031 was passed during the Legislative session 2017. There is no law in Texas that addresses excluding children with head lice from school.
- Recommends Elementary and Middle School comply with The Texas Education Texas Education Code, Title 2, Subtitle G, Chapter 38, Subchapter A, §38.013-38.014 regarding Coordinated School Health by choosing one of the TEA-approved Coordinated School Health Programs such as CATCH.
- Implemented Trauma Kit Program/Jacob Kits with the assistance of Mark Moellenberg and Chad Richter. Donations were collected and the District was able to match the funds allowing 100 kits to be assembled. These are in the classroom and gyms and will be on the buses for the 2019 school year.
- Reviewed the Annual Report of Immunization Status that was submitted December 2018 to the Department of State Health Services. This includes immunization status for all students including those that have a conscientious exemption for immunizations.
- Reviewed CPR for Students’ as required by HB 897 and mandatory for seniors for graduation at Thrall ISD. 50 Thrall ISD seniors were certified in CPR through the American Heart Association. And CPR/1<sup>st</sup> Aid for Thrall ISD staff. Recommend all staff be trained in basic life support.
- Reviewed Flu Vaccination program through HEB offered to all staff. A total of 52 staff members participated in this program.

- Partnered with FCCLA, FFA and Thrall Baptist Church in the “No Tiger Hungry” to help those in need of food for weekends and holiday breaks. Jack Fischer gave update on the program in May. Goal for 2019/2020 is to have each member bring a donation for the project to each meeting in addition to encouraging community involvement.
- Recommend “Massage Therapy” by Erica Bodiford continue for \$1. per minute for staff on campus twice a month for the upcoming school year.
- Reviewed EpiPen policy and access for staff and students with unknown allergies that have a life threatening allergic reaction. Required Reporting of Administered Epinephrine Auto-Injectors to DSHS Education Code chapter 38, subchapter E.
- Reviewed State Mandated Programs including Vision, Hearing, Spinal Screening and Texas Risk Assessment for Type 2 Diabetes in children were completed with reports completed and submitted to the Child Health Reporting System Texas Department of State Health Services and Border Health Services. Goal: Review reports of Physical Fitness reports. Included the 2018 Spinal Screening Manual Addendum. In the 2017 Texas Legislative session, House Bill 1076 was signed into law, recommendations when considering appropriate age for conducting mandatory spinal screening. Girls will be screened in the fall semester of grade 5th and 7th. Boys will be screened in the fall semester of grade 8th.
- Cathryn Paton spoke about her role as social worker in the District and how to recommend a student for services.
- Tiger Giving Tree – A community outreach program for those in need at Christmas. A total of 27 families were helped through this program. Recommended continuing this program.
- Goal: Increase parent/community membership and involvement on the SHAC.
- Goal: Ensure the P.A.P.A. program is being presented in Middle or High School per HB 2176.
- Goal: Learn about the new Drug testing policy to begin the 19/20 school year.
- Goal: Learn more about vaping among youth.
- Goal: Learn about testing of students abilities that is done in Physical Education.
- Goal: Review SHAC Policy & Procedures.
- Goal: Provide assistance and support to the District to ensure the eight components of a Coordinated School Health Program are being addressed.

**Recommended 2019/2020 SHAC members:**

Tommy Hooker, Superintendent – Non voting  
SHAC Liaison: Lisa Zamora-McMurray – Non-voting  
Mary Salazar -Food Service Representative  
Jennifer Anders - Food Service Consultant  
Stephanie Woelfel/parent  
Logan Woelfel/student  
Mia Moellenberg/student  
Kayla Moellenberg/student  
Carrie O'Connor/parent  
Kara Moellenberg/parent  
Susan Burkhart/parent  
Emma Burkhart/student  
Caresse Fralicker/Ele. teacher  
Brantley O'Connor/student  
Sarah Stribling/HS teacher  
Misty Zieschang/Ele. teacher  
Patrick Zieschang/student  
Lori Ashton-Ojeda/parent  
Erica Henderson/parent  
Erica Bodiford/parent  
Brooke Bradford/parent  
Carol A. Kempner/parent  
Erin Schmidt/parent  
Ben Schmidt/student  
Briana Ford/parent  
Kristen Tucek/parent  
Samantha Valchar/parent  
Carrie Neiheiser/parent  
Mallory Stover/parent

It's with a heavy heart that I submit my last Annual SHAC Report as the SHAC Liaison for Thrall ISD. It has been an honor to serve in this role for Thrall ISD.

Thank you for your continued support SHAC/ Nutrition Team.

Respectfully,

Lynn Crabb, BSN, RN

7/8/2019