

## Potential 19-20 Hemet Athletes,

set up your clearance now, for next year!

[www.AthleticClearance.com](http://www.AthleticClearance.com)



Pick up paper consent form in athletic office this week.

\$20 physicals by MD's (see flyer below)  
Friday, May 17th 2:30 - 6:00 PM  
at All Star Physical Therapy, (out by Walmart in Hemet)

All athletes grades 8<sup>th</sup> - 11<sup>th</sup> should get their physicals to play sports, right now for next year.

All athletes also need to fill out Hemet High paperwork for sports clearance at [www.AthleticClearance.com](http://www.AthleticClearance.com). Remember your login you will use it for 4 years.

If you get cleared now you will be cleared for all summer activities and also be ready to go on the very first day of school next year, at Hemet HS.

An athlete only playing Spring sports should do the same, because all physicals at Hemet HS expire on the last day of each school year. Basically, why not have a physical that is good for an entire year instead of a physical that is good for only a couple of months in the Spring. Since most insurance plans only allow one physical each year.

### Online Athletic Clearance

1. Visit [www.athleticClearance.com](http://www.athleticClearance.com)
2. Watch quick tutorial video
3. Register. Parents register with valid email username and password. You will be asked to type in a code to verify you are human. If this step is skipped, your account will not activate.
4. Login
5. Select "**New Clearance**" to start the process
6. Choose the current School year in which the student plans to participate. Example: Football in Sept 2019 would be the 2019-2020 School Year.
7. Complete all required fields for the Student Information, Educational History, Medical history and Signature Forms.
8. Donate to your athletic program or pay participation fees (private schools only).
9. Once you reach the Confirmation Message you have completed the process.

10. All of this data will be electronically filed with your school's athletic department for **review**. When the student has been **cleared for participation**, an email notification will be sent.



# SPORTS PHYSICALS

2019 - 2020 SCHOOL YEAR

3989 W Stetson Ave Ste. 105  
Hemet CA, 92545  
(951)652-3334

Friday, May 17  
2:30 PM – 6 PM

BRING: Student ID  
Sports Med Form  
COST: \$20 CASH ONLY

Portion of proceeds donated sports programs