



ACERO 9-12 LunchSmart Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Spotlight Fruit of the Week: Fresh Pears			May 1 Bosco Stick* with Marinara Dipping Sauce Green Beans Pineapple	May 2 Chili con Carne with Mini Cornbread Loaf* Baked Potato with Sour Cream Cheddar Goldfish Crackers* Applesauce	May 3 Teriyaki Chicken Brown Rice* Sliced Carrots Honey Oat Goldfish Cracker* Pears
Spotlight Fruit of the Week: Grapes	May 6 Popcorn Chicken Bowl with Mashed Potatoes & Corn* & Honey Wheat Dinner Roll* Rice Krispies Treat* Peaches	May 7 All-Beef Hot Dog on a Bun* Oven-Baked Spiral-Cut French Fries M&M Cookie* Mixed Fruit	May 8 Orange Chicken Brown Rice* Sliced Carrots Pineapple	May 9 Rotini* with Homemade Meat Sauce & Garlic Bread* Broccoli Florets Applesauce	May 10 Chicken Fajita Rice Bowl* with Garnish Cup, Salsa & Sour Cream California Blend Veggies Pears
Spotlight Fruit of the Week: Bananas	May 13 BBQ Chicken Sandwich* Parsley Redskin Potatoes Snickerdoodle Cookie Peaches	May 14 Lemony Chicken Pasta* & Garlic Bread* with Spinach Craisin Salad Capri Blend Veggies Sunbelievable Slushie Mixed Fruit 	May 15 Chicken Caesar Wrap* Black Beans Broccoli Florets Pineapple	May 16 Build-Your-Own Crunchy Beef Tacos* with Garnish Cup & Salsa Brown Rice* Baby Carrots Applesauce	May 17 Toasted Cheese Sandwich* with Tomato Soup & Cheddar Goldfish Crackers* California Blend Veggies Pears
Spotlight Fruit of the Week: Fresh Pears	May 20 Chicken Parmesan Sandwich on a Bun* California Blend Veggies Honey Oat Gold Cracker* Peaches	May 21 Beef Burrito Bowl* with Black Beans, Corn, Garnish Cup & Salsa Mixed Fruit	May 22 Beef Sloppy Joe on a Bun* Baby Carrots Pineapple	May 23 Handcrafted Mac & Cheese* with Honey Wheat Dinner Roll* Green Peas Applesauce	May 24 No Classes
Spotlight Fruit of the Week: Grapes	May 27 No School 	May 28 BBQ Rib Sandwich on a Bun*^ Corn Harvest Cheddar SunChips* Mixed Fruit	May 29 Grilled Chicken Sandwich* with Lettuce & Tomato Refried Beans California Blend Veggies Pineapple	May 30 Spaghetti* with Turkey Meatballs, Marinara & Garlic Bread* Broccoli Florets Applesauce	May 31 French Toast Sticks* with Syrup & Turkey Sausage Baby Carrots Pears



Available Each Day: Salad, Fresh Fruit, Sunbutter & Jelly Sandwich* with Yogurt Cup, Milk (1% & Skim White Plus Fat-Free Chocolate)

Additional Fresh Entrées Offered Daily

Monday – All-American Cheeseburger on a Bun*

Tuesday – Chicken Nuggets* with Twisted Breadstick* & BBQ Dipping Sauce

Wednesday – Super Nachos* & Salsa*

Thursday – Breaded Chicken Sandwich*

Friday – Pizza* (pepperoni French bread, cheese personal pan, and Big Daddy's cheesy pizza rotate each week)

**=Item contains whole grains / ^=Item contains pork / L=Locally sourced
Milk served with lunch contains no artificial growth hormones or antibiotics
Menu is subject to change based on availability and quality of food items*

Color Me Active

Did you know that May is National Physical Fitness and Sports Month? Regular physical activity is important because it keeps your body working the way it should. Most health professionals suggest that kids and teens get at least one hour of physical activity each day. Get started by doing something you enjoy such as playing sports, skateboarding, dancing, jumping rope, and running. If you enjoy something, you are more likely to stick with it. Start small. Changes such as taking the stairs instead of the elevator can even make a difference.

We made it! Our **Culinary Explorations** journey along Route 66 ends in **Santa Monica, California**. Did you know Santa Monica experiences more than 300 days of sunshine every year? We will relax and reminisce about our trip as we savor a breezy and delicious lunch featuring lemony chicken pasta and spinach craisin salad. We hope you enjoyed our cross-country tour.

