

Kilgore Independent School District

Menu Subject to change based on food availability

Kilgore Intermediate Lunch Menu

Variety of milk offered daily

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>CHRISTMAS BREAK! NO SCHOOL!</p>	<p>CHRISTMAS BREAK! NO SCHOOL!</p>	<p>CHRISTMAS BREAK! NO SCHOOL!</p>
<p>7 STAFF DEVELOPMENT DAY! NO SCHOOL!</p>	<p>8 <u>Entrée choice</u> SW Chicken Flautas Beef Taco Salad <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Sweet Corn Glazed Carrot Coins Fruit Cocktail or Raisin Variety</p>	<p>9 <u>Entrée choice</u> Chicken Spaghetti Tempura Chicken Chunks <u>Grain/Vegetable/Fruit Choice:</u> Garlic Breadstick Fresh Mixed Greens Salad Steamed Broccoli Florets Fruit Cocktail or Raisin Variety</p>	<p>10 <u>Entrée choice</u> Mesquite Chicken Drumstick Salisbury Steak <i>w/wo gravy</i> <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Roasted Rosemary Potatoes Key West Vegetable Blend Fruit Cocktail or Raisin Variety</p>	<p>11 <u>Entrée choice</u> TX BBQ Pulled Pork Sandwich <i>w/wo lettuce/tomato/pickle</i> Corn dog <u>Grain/Vegetable/Fruit Choice:</u> Potato Tots Baked Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> Fruit Cocktail or Raisin Variety</p>
<p>14 <u>Entrée choice</u> Asian Glazed Chicken Chunks Steak Strips <u>Grain/Vegetable/Fruit Choice:</u> Mediterranean Quinoa Salad Fresh Mixed Greens Salad Maple Glazed Sweet Potatoes TX Orange Wedges or Craisins</p>	<p>15 <u>Entrée choice</u> Bulldog Beef Grande Nacho Chicken Strips <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Homemade Pinto Beans Cucumber Tomato Salad TX Orange Wedges or Craisins</p>	<p>16 <u>Entrée choice</u> Personal Pepperoni Pizza Italian Combo Sub Sandwich <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Broccoli Normandy Blend TX Orange Wedges or Craisins</p>	<p>17 <u>Entrée choice</u> Breaded Chicken Drumstick Meatloaf <u>Grain/Vegetable/Fruit Choice:</u> Honey Wheat Roll Mashed Potatoes <i>w/wo gravy</i> Mixed Vegetable Blend TX Orange Wedges or Craisins</p>	<p>18 <u>Entrée choice</u> Hamburger <i>w/wo cheese w/wo toppings</i> Fish Nuggets <i>w/wo garlic breadstick</i> <u>Grain/Vegetable/Fruit Choice:</u> Seasoned Curly Fries Broccoli Slaw TX Orange Wedges or Craisins</p>
<p>21 MLK DAY! NO SCHOOL!</p>	<p>22 <u>Entrée choice</u> Beef Tamales Fajita Chicken Tacos <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Spanish Rice Glazed Carrot Coins Fresh Mixed Greens Salad Gala/Fuji Apple or Fresh Pear</p>	<p>23 <u>Entrée choice</u> Spaghetti <i>w/meatballs w/wo garlic breadstick</i> Four Cheese Pizza Slice <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Key West Vegetable Blend Gala/Fuji Apple or Fresh Pear</p>	<p>24 <u>Entrée choice</u> Popcorn Chicken Steak Strips <u>Grain/Vegetable/Fruit Choice:</u> Macaroni and Cheese Fresh Mixed Greens Salad Roasted Green Beans Gala/Fuji Apple or Fresh Pear</p>	<p>25 <u>Entrée choice</u> Hot Dog <i>w/wo chili sauce</i> Chicken Ringers <u>Grain/Vegetable/Fruit Choice:</u> Crinkle Cut Fries Baby Carrot Sticks Baked Beans Gala/Fuji Apple or Fresh Pear</p>
<p>28 <u>Entrée choice</u> Chicken Sandwich Meatball Sub Sandwich <u>Grain/Vegetable/Fruit Choice:</u> Fresh Mixed Greens Salad Potato Tots Grapefruit Slices or Diced Peaches</p>	<p>29 <u>Entrée choice</u> Beef Tostadas <i>w/wo toppings</i> Chicken Tostadas <i>w/wo toppings</i> <u>Grain/Vegetable/Fruit Choice:</u> Homemade Pinto Beans Fresh Veggie Sticks <i>w/wo hummus dip</i> Grapefruit Slices or Diced Peaches</p>	<p>30 <u>Entrée choice</u> Chicken Bacon Ranch Pizza Cheesy Lasagna Rollup <u>Grain/Vegetable/Fruit Choice:</u> Garden Fresh Salad Winter Vegetable Blend Grapefruit Slices or Diced Peaches</p>	<p>31 <u>Entrée choice</u> Teriyaki Chicken Noodle Bowl <i>w/wo veggie egg roll</i> Pizza Cheesy Sticks <u>Grain/Vegetable/Fruit Choice:</u> Baby Carrot Sticks Fresh Mixed Greens Salad Grapefruit Slices or Diced Peaches Bring on the New Year Treat!</p>	

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